



## LONGSANDS LINK – 1<sup>st</sup> November 2019

### Welcome Back

We hope that your half term break was relaxing, and that you are ready for the busy term ahead.

#### PARENT DROP IN SESSIONS

Thank you to everyone that came along to our Parent 'Drop In' sessions on Wednesday evening. We hope they were beneficial.

#### NETBALL

There will not be a netball session after school on Tuesday 5<sup>th</sup> November as Mrs Monks is on a course. This will revert back to normal the following week.

#### POPPIES

Poppies and a selected amount of accessories will be available to purchase in class next week. Year 6 pupils will be visiting classes during the morning to sell items priced between 50p and £1.00 in aid of the Royal British Legion.

#### CHARITY BAG COLLECTION

Thank you to those parents who donated unwanted items for Monday's charity bag collection. We raised **£37.00** towards school funds for the 74kg of bags collected!

#### YEAR 6 - BIKEABILITY

The children in Year 6 will be taking part in the GoVelo Bikeability sessions next week and will be split into two groups:

- **Group 1 Monday & Tuesday**
- **Group 2 Wednesday & Thursday.**

On the day of your child's group sessions, they will need to bring their bike and cycling helmet with them. Once on school grounds, bikes must be wheeled along the available pathways and securely locked on the KS2 playground, making sure they are not left as a trip hazard. School uniform tops should be worn but the children may wear trousers/leggings on their specific group days. Warm waterproof jackets and gloves are also recommended.

#### NASAL FLU VACCINE

For those parents who signed up with Intrahealth for the nasal flu vaccine, they will be in school on **Monday 4<sup>th</sup> November** to administer these.

#### ALDI STICKERS

Thank you to everyone that has sent Aldi stickers into school so far, we have filled two posters already and are trying to complete the third before the promotion cut off point.

Aldi will continue to give out stickers until **Sunday 3<sup>rd</sup> November**. If you are doing any shopping or have friends and family who may be shopping at Aldi and they do not need them please ask if we could have them for school.

### Mrs McKeown's Message

Thank you for all of the parental questionnaires that have been brought in. Your comments have on the whole been very positive, and staff would like to thank you for your continued support and appreciation of the job they are doing in light of present budget cuts. We always put the children at the forefront of our spending and if we have to make cuts in other areas this is what has to be done. On a quick glance at the responses, I would like to make a reply to a few of the comments regarding the state of the outside of school, number of visits each year and meeting with staff to discuss progress.

I have highlighted those areas around school that require sprucing up and indeed I did attach the action plan to the link a few weeks ago for you all to see how I want to improve the actual school building itself. This is the first time in a while an action plan has been put together and also shared with parents. As you can see from the costings none of this comes cheap, so budget restrictions have to be considered. We have two fantastic cleaners who take great pride in keeping the inside of school tidy and clean each night. I have no caretaker due to staffing costs. My priority has been to ensure the inside of school is ready each morning for the children. As you will have seen on the link, one of the Governors is now emptying bins and for those of you who have seen my car in school on a Saturday, I am cleaning the hall floor. If anyone would like to volunteer to support us at this time please contact me.

The number of class visits last year did increase for each year group, whether it be using the local environment or going further afield. As our curriculum evolves (which is a priority this year) there will be more chance for the children to experience new opportunities, as there has already been this year for KS1 and Reception class going to see the pantomime in Blackpool, Year 6 to Hothersall Lodge and the visitors we have had in school to enhance the children's learning and understanding of Vikings and Greeks.

Already we have had information evenings in KS1 last half term, and parents have had the opportunity to meet class teachers this week to discuss their child's progress and settling in. All teaching staff have school emails for you to contact them if you wish to discuss your child. I hope that the parental questionnaire that has been introduced this year, allows all of you to feel that you can express your opinions, and it gives me a chance to answer some of your replies. I do want to say though, if you do feel that you have something you would like explaining please do not wait for the next questionnaire but make a time to come and see me. I will also be holding a Parent Information Evening on **Wednesday 13<sup>th</sup> November** from **6.00pm to 7.00pm**, more details will be available shortly on ParentPay.

### Don't Forget

#### Monday 4<sup>th</sup> November

- Nasal Flu Vaccinations
- Bikeability – Year 6 (Group 1)
- Mini Skills Competition
- Spanish Club (3.20pm – 4.20pm)
- Ballet

#### Tuesday 5<sup>th</sup> November

- **No** Ballet
- **No** Netball
- Bikeability – Year 6 (Group 1)
- KS2 Lunchtime Singing Club with Mrs Eaves
- Boys Football Training 3.20pm to 4.15pm
- BMA Keyboard Lessons

#### Wednesday 6<sup>th</sup> November

- Bikeability – Year 6 (Group 2)
- Mad Science Club 3.20pm - 4.20pm (to be held in Y3)

#### Thursday 7<sup>th</sup> November

- Bikeability – Year 6 (Group 2)
- BMA Guitar Lessons
- Computer Club 3.20pm – 4.30pm (Fully Booked)
- Fitness Club (Y5 & Y6) with Mrs Taylor (3.20pm to 4.15pm).

#### Friday 8<sup>th</sup> November

- Rewards Assembly 9.15
- Church Club 3.20pm to 4.00pm
- Girls Football Match v Goosnargh Oliverson's (A)

#### BOYS FOOTBALL TEAM

Congratulations to our boys football team who beat St. Bernard's 4-0 in the first round of the Harold Slater Shield. The boys dominated the game from the start and it was a fantastic team performance. Well done boys! A special thank you to Mr Merville for coaching the team and to the parents/carers for their support and help with transport.

#### GIRLS FOOTBALL

Mrs Buck's girls football match against Goosnargh Oliverson's Primary School has been arranged to Friday 8<sup>th</sup> November. This is part of the Dick Kerr Cup and will be an away match.

### RECORDER CLUB

Mrs Eaves will be starting a recorder club for children in Year 2 through to Year 6 on Tuesday's after school (3.20pm until 4.00pm), if there are enough children wishing to take part. Please email Mrs Eaves directly to let her know if your child would be interested in taking part.

[j.eaves@longsands.lancsngfl.ac.uk](mailto:j.eaves@longsands.lancsngfl.ac.uk)

### PTFA - SILVER CHANGE TUBE CHALLENGE

The tube challenge is being held earlier than last year to allow more time for the children to benefit from the purchases in each class. Each child will have received a Halloween tube treat today. Once they finish the sweets, they can put as many silver coins in the tube as they can (5ps, 10ps, 20ps, 50ps) to try and be the winning class for the 'choosy afternoon'.

Each class will spend the money on their 'wish list'. Tubes must be returned by

**Friday 13th December 2019.**

#### The class wish lists are:

**REC:** Money towards outdoor equipment

**YR1:** Traditional Tales Puppets and a listening station for the reading area

**YR2:** Maths resources

**YR3:** Audio CDs, new reading books and non-fiction books linked to curriculum topics

**YR4:** Headphones and new iPad chargers

**YR5:** Listening station, headphones, audio books and classroom consumables

**YR6:** Reconditioned iPad

Thank you for your support and we hope the children have fun collecting!

## Pupils of the Week

**RECEPTION:** MAX

**YEAR 1:** DAISIE

**YEAR 2:** ARCHIE

**YEAR 3:** ELOISE

**YEAR 4:** JOSHUA

**YEAR 5:** OLIVIA

**YEAR 6:** ARISHA

### PTFA DISCO

With DJ slug at the helm, he made sure all the children were up dancing and having fun! The PTFA would like to thank all the parents and teachers who kindly gave their time to help make the night a great success.

### PTFA - CARD PROJECT

Children who sent in card artwork will have received their sample cards and an order form this week.

You can order any of the products on the order form. There are three options to order:

1. **Hand in to school** your completed form and money by **Thursday 7th November**.
2. Order **online** and pay by **Saturday 9th November** to be included in the free delivery to school.
3. Order online any time after the dates above, and delivery will be made directly to you, but postage and packing will be charged.

With any order placed, the PTFA will receive commission, so if we can get as many orders as possible, it will allow us to raise a favourable amount of money whilst allowing you to benefit and enjoy your child's artwork. Thank you for your support.

### SCHOOL LUNCH MENU

WC 04/11/19 - **WEEK 3**

## Attendance

**RECEPTION:** 95.87%

**YEAR 1:** 96.58%

**YEAR 2:** 97.63%

**YEAR 3:** 98.33%

**YEAR 4:** 97.94%

**YEAR 5:** 96.93%

**YEAR 6:** 97.46%

### FITNESS CLUB

Mrs Taylor's Fitness Club will begin on Thursday 7<sup>th</sup> November for those children in Year 5 and Year 6 who have signed up. This will run after school until 4.15pm.

### BE SEEN, BE SAFE!

Now that the clocks have gone back, the nights are getting darker much earlier. It is important to make sure we can all be seen when out and about and walking home from school. If you have a dark coat why not pop on a reflective keyring, badge or arm band so you can be seen clearly when crossing the road.

### Dinner Table Stars

JACK, OLIVER and LOLA

### Happy Birthday

FREDDIE, HOLLY & ZAK

## Longsands Values

**RECEPTION:** HARRY

**YEAR 1:** IMAN

**YEAR 2:** EMMA

**YEAR 3:** AMELIA

**YEAR 4:** RYAN

**YEAR 5:** IMAAN

**YEAR 6:** KATIE



## **Longsands Community Primary School**

### **School Meals Debt Policy for Parents**

As from 01/11/19 the Head and Governors at Longsands Community Primary School have adopted a School Meal Debt Policy relating to the school meal service.

#### **Rationale**

If school meal debts are incurred, then the school budget has to pay for these. This means that vital funds which should be spent on resources for the children's education are used to pay for debts incurred by parents.

We request that all parents give this policy their full support.

#### **School Meals (Reception/KS1)**

All meals for Reception and Key Stage 1 pupil are free through Universal Free School Meal Scheme.

#### **Free School Meals (KS2)**

Children who are entitled to Free School Meals will receive a meal daily without charge.

For More information regarding Free School Meals please see the school website <https://www.longsandscp.org.uk/our-school/school-dinners>

or

Lancashire county council website <https://www.lancashire.gov.uk/children-education-families/schools/free-school-meals/>

#### **School Meals (KS2 Paid)**

We have implemented ParentPay system to allow parents greater flexibility to pay for school meals. It also allows the school to manage and review meal payments more effectively.

The current charge for school meals is £2.30 per meal (£11.50 per week)

Parents/Carers must pay in advance for the school lunch using any of the methods of payment outlined below:

- Online using ParentPay **THIS IS OUR PREFERRED METHOD**
- Send cash or cheque in a clearly marked envelope (these will be processed manually through ParentPay)
- A suitable arrangement made with the Head and School Business Manager

## **DEBT MANAGEMENT**

Parent pay accounts will be reviewed on a weekly basis

Parents will be alerted initially by text of any negative balance on their parent pay account.

The maximum debt allowed is £11.50 (1 week)

If the balance is at this amount or over then an email will be sent to parents through Parent Pay and direct from school.

Parents are requested to pay the outstanding balance and make an advance payment for future meals.

Parents who may be having difficulties are invited to discuss these with the Head Teacher and School Business Manager.

If no response is received or balance rectified after receiving the text/email parents will be contacted by letter or email to: -

- Arrange payment of the money owed
- Make a suitable arrangement with Head and School Business Manager
- Arrange a packed lunch for their child

If the parent does not comply with any of these options, we will refer the debt to the Lancashire County Council Debt Recovery team.

We fully appreciate that parents or carers may on occasions find themselves in times of financial difficulty. The Head teacher and School Business Manager are always available to discuss these situations and will try and be as accommodating as possible to find a mutually acceptable solution.

We hope that by implementing this Debt Policy we are able to help parents manage school dinner money better and at the same time ensure that all money that is for children's learning is available.

This policy will be reviewed at each meeting of the Finance Governors, amendment or alterations will be advertised accordingly.



# Bake Sale!



At 10:30 in the hall on the 12<sup>th</sup> of  
November 2019.

## Prices

Brownies - £1

Cookie - 50p

Muffins - 50p

Lemon drizzal - £1

Shortbread biscuits - 50p

Rice crispy cakes - £1

Sweet bag - £1

Mr Kipling - 50p

Cupcakes - 50p

Red velvet - £1

Marble - £1

Cakes - 50p

For Rosemere  
Caret.

KS2  
Only

If you want  
more information  
come to Evie, Grace,  
Harriet, Riya, Amelia,  
Katie, Lois, Mia and  
Shyah in year 6.







Public Health  
England

Protecting and improving the nation's health

# **The children's flu vaccination programme, the nasal flu vaccine Fluenz and porcine gelatine**

## **Your questions answered**

## About Public Health England

Public Health England exists to protect and improve the nation's health and wellbeing, and reduce health inequalities. It does this through world-class science, knowledge and intelligence, advocacy, partnerships and the delivery of specialist public health services. PHE is an operationally autonomous executive agency of the Department of Health.

Public Health England  
Wellington House  
133-155 Waterloo Road  
London SE1 8UG  
Tel: 020 7654 8000

[www.gov.uk/phe](http://www.gov.uk/phe)

Twitter: [@PHE\\_uk](https://twitter.com/PHE_uk)

Facebook: [www.facebook.com/PublicHealthEngland](https://www.facebook.com/PublicHealthEngland)

© Crown copyright 2014

You may re-use this information (excluding logos) free of charge in any format or medium, under the terms of the Open Government Licence v3.0. To view this licence, visit [OGL](https://www.ogcl.gov.uk) or email [psi@nationalarchives.gsi.gov.uk](mailto:psi@nationalarchives.gsi.gov.uk). Where we have identified any third party copyright information you will need to obtain permission from the copyright holders concerned. Any enquiries regarding this publication should be sent to [immunisation@phe.gov.uk](mailto:immunisation@phe.gov.uk)

Published: December 2014

PHE publications gateway number: 2014589



## Why are healthy children being offered flu vaccine?

Flu is a disease that spreads very rapidly, potentially causing widespread illness, especially in those who are already vulnerable because of their age or medical condition. So if children are vaccinated against flu they will not only benefit directly by being protected themselves, they will also reduce the spread of flu and help protect the whole population. In particular, they will help to protect those children and adults who cannot or do not have the vaccine. This includes children under the age of two and children with illnesses like severe asthma who can become very unwell but who cannot have the vaccine because it is not suitable.

## Why is the Fluenz nasal spray vaccine being used?

The flu virus enters the body through the nose and mouth. From there it is transmitted to the throat and upper airways where it rapidly replicates and goes on to cause the symptoms of flu. Because Fluenz also enters the body through the nose it mimics the flu virus and results in a better immune response than an injected vaccine. This means that, compared with injected and less active vaccines, Fluenz:

- is more effective
- provides protection for longer
- may offer protection against slightly different types of flu virus
- is easier to give and more comfortable to have

Because Fluenz reduces the amount of flu among all children, not just the ones who have the vaccine, there should be less demands on doctors and nurses during the busy winter season and fewer days missed from childcare, nursery and school. In turn, this means less worry for parents and less time away from work and other activities, caring for children who are unwell.

## But doesn't Fluenz contain ingredients that come from pork? What does that mean for children from some faith groups?

The nasal flu vaccine does contain gelatine that comes from pork as one of its additives. Gelatine is commonly used in a range of medicines, including many capsules and some other vaccines. The gelatine used in Fluenz is a highly purified product used to stabilise this live viral vaccine. Very many stabilisers were tried out by the manufacturers and this gelatine was chosen. A change to the stabiliser would require a major programme of additional testing before it could be approved for use in children.

The following statements from representatives of the Jewish community may help parents reach a decision about having their child vaccinated:

Rabbi Abraham Adler from the Kashrus and Medicines Information Service, said:

“It should be noted that according to Jewish laws, there is no problem with porcine or other animal derived ingredients in non-oral products. This includes vaccines, including those administered via the nose, injections, suppositories, creams and ointments.”



A vaccine the same as Fluenz has been used successfully in the U.S. for over ten years and has been quite widely accepted by many faith groups. However, Public Health England (PHE) has consulted the Muslim Council of Great Britain, and acknowledges that some individuals in the British Muslim community consider the porcine gelatine product to be forbidden. In this circumstance, these individuals may still be able to accept some pharmaceutical products containing gelatine if there was no suitable alternative and if the product was considered life saving.

### Isn't inactivated flu vaccine a suitable alternative?

It is the considered view of PHE and the Department of Health that because this new programme is designed to protect as many people in the community as possible including those who cannot have flu vaccine, the inactivated injected vaccine is not a suitable alternative to Fluenz. Therefore, the recommendation is that the nasal spray vaccine Fluenz is used to vaccinate healthy children.

As in previous years, inactivated vaccine can be used in children over six months of age who have underlying illnesses that put them at particular risk of influenza; in most cases two injections will be required.

Dr Mary Ramsay, Head of Immunisation at PHE, said:

“We strongly recommend that anyone whose child is offered immunisation accepts this opportunity to give their child the best protection possible against the flu virus. This large programme has the potential to protect children against the severe complications of flu and to reduce spread to more vulnerable people such as young infants, pregnant women and those with underlying medical conditions.”

### I notice that the consent forms and leaflets all mention the fact that the flu vaccine contains products derived from pork. Why is this?

It's important that all parents are fully informed before they consent to their child being vaccinated. Providing this information allows them to consider all of the aspects of the process involved before signing the form. Vaccines are very complex substances that take many years to develop. They are subject to intensive testing to make sure they are both safe and effective before they can be licensed for public use. They contain a wide variety of products all of which are needed to make the vaccine as safe and effective as possible; none of the contents can be replaced without further extensive testing and then resubmission for licensing.

Listing all the contents of a vaccine on the consent form or in the leaflets would be impractical but we recognise that substances derived from pork cause problems for certain Muslim communities so by drawing particular attention to these we hope that all parents are fully aware before they consent. For more details on the contents of the vaccine the NHS Choices website has a link to the scientific description of the products in Fluenz at [www.nhs.uk/Conditions/vaccinations/Pages/child-flu-vaccine.aspx](http://www.nhs.uk/Conditions/vaccinations/Pages/child-flu-vaccine.aspx). Feedback from parents suggests that most prefer the consent forms and leaflets to be as simple as possible, as long as they can access more detail if they want to.

## Why has PHE issued this clarification?

When the vaccine programme was launched in 2013, PHE referred to a document written by a Muslim representative of the World Health Organization (WHO) some years ago in response to queries from Muslims about gelatine in vaccines and other medicines.

After being informed that the WHO document is not acceptable to Muslims of many schools of Islamic jurisprudence (madhahib), PHE has consulted further with leading Muslim organisations. PHE is aware that Islamic scholars of the Hanafi school from the UK have classified Fluenz as not permissible.

## Why is PHE still recommending a vaccine that may not be permissible for the parents of Muslim children?

PHE is still recommending the use of Fluenz because, compared with injected, inactivated vaccines, Fluenz:

- is more effective
- provides protection for longer
- may offer protection against slightly different types of flu virus
- is easier to give and more comfortable to have

PHE would like to inform the Muslim communities of the UK of the issues surrounding the vaccine so that they can make an informed decision about whether or not it is acceptable for their children.

## Does the flu vaccine contain any DNA from pigs?

No; very sensitive scientific tests have shown that the flu vaccine does not contain any detectable DNA from pigs.

This analysis indicates that the gelatine is so degraded that the original source cannot be identified.

## What should I do if I can't have the nasal flu vaccine?

Having fully informed yourself of the advantages and disadvantages of having or not having your child vaccinated, the consent decision is your's. If you or your child have any underlying medical conditions that put you at specific risk of flu, please talk to your doctor.



# Vaccines and porcine gelatine

## This leaflet describes how and why porcine gelatine is used in vaccines

The issue of pork ingredients in some vaccines has raised concerns among some groups.

This leaflet has been developed to provide information about vaccines that contain this product and the alternatives that may be available.

### What is gelatine?

Gelatine is a substance derived from the collagen of animals such as chickens, cattle, pigs and fish. Collagen is found in tendons, ligaments, bones and cartilage. Porcine gelatine comes from collagen in pigs. All forms of gelatine for use in medicines are manufactured under strict hygiene and safety regulations.

### Why is porcine gelatine used in vaccines?

Gelatine is used in a very wide range of medicines, including many capsules and some vaccines. Porcine gelatine is used in vaccines as a stabiliser – to ensure that the vaccine remains safe and effective during storage. Vaccine manufacturers normally test a wide range of stabilisers and choose one that is stable, good quality and available in sufficient volume. Unlike the gelatine used in foods, the product used in vaccines is highly purified and broken down into very small molecules called peptides.

### Why can't vaccines be made with other stabilisers or other types of gelatine?

Developing a vaccine takes many years of laboratory testing and clinical studies to ensure that it is both safe and effective. Once the manufacturer has chosen the stabiliser for the vaccine, any change in this could require extensive laboratory and clinical studies to show that the safety and effectiveness of the vaccine has not been affected. Because of this, developing a new safe and effective vaccine with a different stabiliser may take several years or may never happen.

### Which vaccines contain porcine gelatine?

In the UK routine immunisation programme, there are three vaccines that contain porcine gelatine:

- Fluenz Tetra® the nasal spray vaccine that protects children against flu
- MMR VaxPro®, a vaccine that protects against measles, mumps and rubella
- Zostavax®, the vaccine that protects older adults against shingles.

## What is the view of the faith communities?

Public Health England (PHE) has consulted with the Kashrut and Medicines Information Service, who said:

‘It should be noted that according to Jewish laws, there is no problem with porcine or other animal derived ingredients in non-oral products. This includes vaccines, including those administered via the nose, injections, suppositories, creams and ointments.’

However, PHE acknowledges that there is diversity within the British Muslim and Jewish communities and they, and some other groups, may consider medicines and vaccines containing any porcine product to be forbidden. In these circumstances, it is likely that the individual would be unable to accept many pharmaceutical products unless there was no suitable alternative and/or the product was considered life-saving.

## Are there any suitable alternatives to these vaccines?

- **MMR:** in the UK we have two types of MMR vaccine – MMR VaxPro® and Priorix®. Priorix® does not contain gelatine and is as safe and effective as MMR VaxPro®.
- **Shingles:** Zostavax® is the only shingles vaccine currently available in the UK.
- **Fluenz Tetra®:** for healthy children, there are no suitable alternatives. There are injectable flu vaccines that do not contain pork gelatine, but these are expected to be less effective than Fluenz Tetra® in children. They may also do less to reduce the spread of flu in the community.

These vaccines are only recommended as part of the programme for children and adults who are at high risk of the complications of flu.

## What if people don't want to have vaccines containing porcine gelatine for themselves or their children?

The final decision about whether or not to be vaccinated, or have your child vaccinated, is yours. In order to come to an informed decision you may wish to consider the evidence about the advantages and disadvantages of having yourself or your child vaccinated.

Parents not wishing their children to have the porcine gelatine-containing MMR vaccine should request the Priorix® vaccine from their GP. A full course of two doses will provide protection against measles, mumps and rubella. Please note that the practice may need to order this product in specially so it will be helpful to tell them your views before the appointment.

If your child is at high risk from flu due to an underlying health condition, the nasal vaccine is considered the best option. If they choose not to have the nasal spray or cannot have it for medical reasons, then they should have a flu vaccine by injection. For adults at high risk from flu, the injectable vaccine should also be given. There is no alternative vaccine available for healthy children as part of the annual NHS programme. However, as more children in your area are vaccinated with the nasal vaccine, you and your family should have a lower chance of being exposed to flu.

For older people wanting to protect themselves against shingles there is at present no alternative to Zostavax®.

**If you would like further information before making your decisions about vaccinations, you may wish to talk to your doctor or practice nurse. This is particularly important if you are at high risk of the diseases that these vaccines effectively prevent.**