



## LONGSANDS LINK – 31st January 2020

### KS1 PLAYGROUND

Recently a few of our little ones in Reception have had bumps and tumbles from children running around in the KS1 playground before school starts. Please be mindful of behaviour whilst waiting for the door to open. Thank you

### RECEPTION PARENTS

Are there any parents from Reception class who would be willing to come in and read stories to groups of children on World Book Day, Thursday 5th March? This could be at any pre-arranged time from 9.00am through to 3.20pm. If you would be willing to do so, please email Mrs Fenton to arrange your time slot.  
**v.fenton@longsands.lancsngfl.ac.uk**

### SAFER INTERNET DAY

Don't forget to save the date for our Safer Internet Day for Parents in the school hall on **Tuesday 11th February at 2.45pm.** All parent and carers are welcome to attend, we hope it will be helpful and informative.

### YEAR 4 FOOTBALL TOURNAMENT

Well done to the boys who took part in the recent Year 4 football tournament. We had a very tough group and were unfortunate not to progress past the group stage. The boys tried their best and kept going throughout the afternoon. Well done Noah, Josh, Finnley, Harry, Max N, Max C and Ryan. Thank you so much to the parents and grandparents who helped with transport and cheering the boys on. Mrs Monks would like to make a special thank you to Alma-Jane who was a fantastic help throughout the tournament.



**RECEPTION:** 94.72%  
**YEAR 1:** 96.83%  
**YEAR 2:** 96.19%  
**YEAR 3:** 97.66%  
**YEAR 4:** 97.56%  
**YEAR 5:** 95.98%  
**YEAR 6:** 97.62%

## Pupils of the Week

**RECEPTION:** MAISIE  
**YEAR 1:** KIERAN  
**YEAR 2:** MARTHA  
**YEAR 3:** ETHAN  
**YEAR 4:** ALEESIA  
**YEAR 5:** AMBER and KIRA  
**YEAR 6:** ERIN

## Mrs McKeown's Message

In September, we will be celebrating 25 years of school being open. An idea is to plan 25 activities for the children and community to take part in. I am looking for practical ideas to make the celebrations memorable - in a good way! If you have any thoughts on this, please let me know and I will add it to the bank of suggestions already started. This term you have been invited to plant a tree during the community gardening day. A living legacy for school. Have a lovely weekend and start thinking.

### YEAR 2 - EXPLORER DAY

The children in Year 2 will be having an Explorer Day on Monday 3rd February. Don't forget to come dressed as your favourite explorer!!

### YEAR 2 – OLD HOLLY FARM

This week letters have been sent home for Year 2 pupils for a trip to Old Holly Farm on Thursday 27th February. Please return your permission slip and ParentPay payment by Monday 10th February. If you did not receive a letter there are copies available at the school office.

### WORLD BOOK DAY SCHOOL LUNCH

World Book Day is celebrated in many primary schools in Lancashire. This year the Lancashire Catering Services are celebrating with a themed Harry Potter lunch menu and are offering pupils having a school lunch, the opportunity to take part in a competition with the chance to win a family ticket to the Warner Brothers Harry Potter Studios (but does not include travel and accommodation). They have two sets of tickets for a family of four per operational area. The meal will take place on **Thursday 5th March** and details of the menu are attached to this week's Link.

### SWIMMING – YEAR 4

Year 4 will begin their swimming lessons next Wednesday morning. Please remember to pack your trunks/swimming costume, swimming cap and towel together with an extra bag to pop your wet items in afterwards. If you come to school with your trunks/swimming costume on under your uniform, don't forget to pop the all important underwear in your bag for after swimming!

### COULD YOU HELP?

Are there any parents who would be willing to listen to some children read in class? We would be very grateful of any assistance, if you are able to help please email Mrs Fenton at **v.fenton@longsands.lancsngfl.ac.uk**  
Thank you

## Don't Forget

### MONDAY 3rd FEBRUARY 2020

- Year 2 Explorer Day
- Spanish Club (3.20pm – 4.20pm)

### TUESDAY 4th FEBRUARY 2020

- Recorder Club (YR2 – YR6) 3.20pm to 4.00pm
- Keyboard Lessons
- KS2 Lunchtime Singing Club with Mrs Eaves
- Boys Football (3.20pm – 4.15pm)

### WEDNESDAY 5th FEBRUARY 2020

- Year 5 & 6 Lunch Time Maths Club with Mr Munro
- Swimming Year 4 (am)

### THURSDAY 6th FEBRUARY 2020

- Guitar Lessons
- Computing Club (payable in advance) for Year 4 to Year 6. 3.20pm to 4.20pm

### FRIDAY 7th FEBRUARY 2020

- Good Work Assembly 9.10am
- Games Club with Mrs Ramalli (by invitation) at lunch time.
- Girls Football with Mrs Buck 3.20pm to 4.15pm.

### CHAT PLAY READ INITIATIVE

We have attached an information sheet to this week's Link about the Chat Play Read Initiative that the government introduced last year. It may be useful and provide some ideas for parents at home.

## Happy Birthday

MILA, OLIVER, ADAM,  
JOSHUA and GARY.

### Dinner Table Stars

ANUSHKA, FREDDIE, HOLLY,  
SORAYA and DAISY

### SCHOOL LUNCH MENU

WC 03/02/20 - **WEEK 1**

## Longsands Values

**RECEPTION:** AVA

**YEAR 1:** KAYDEN, ROMAN,  
OSCAR, USMAN,  
IMAN and EDEN

**YEAR 2:** CHLOE-LOUISE

**YEAR 3:** ISLA

**YEAR 4:** ISABELLE

**YEAR 5:** ELEANOR

**YEAR 6:** AADIT

# Cadley Football Club

FA Charter Standard Community Club  
Conway Drive Playing Fields, Fulwood, Preston  
Sherwood Park, Fulwood, Preston  
Established 1987



Make new friends, learn new skills and have fun.



## Year 1 Girls

We currently have a limited number of vacancies for girls in current Year 1.

## *Interested?*

*Contact us by:*

- *Visiting our website & using our "contact us" form*
- *Giving us a ring*
- *Dropping us an email*

*Jo Burrow*

*Club Development*



*07375-705907 (answerphone)*



*joburrowcadley@btinternet.com*

*www.cadleyfc.com*

# New Age Kurling



We recently took two teams to the Preston Schools New Age Kurling competition. All of the children had a fantastic time and performed really well.

Well done to Charlie, Jack, Gary, Harley, Archie, Prince, Lily and Kartik, you were all amazing!

1. **Spend time reading with your baby or child every day.** Before bedtime is ideal, when you can have some relaxed fun time with your child, but if another time of day is better for you then that's good too. Try to get into character and be enthusiastic about the stories and poems. It's great if you ask them questions about the story or the pictures on the page, and to guess what might happen next. They will soon become your child's favourites. Visit your local library to borrow a great range of children's books for free.
2. **Ask your child lots of questions.** If your baby is too young to answer, pretend that they have answered your question, and give an enthusiastic response! It is never too early to start chatting to your baby – they may not be responding but they will be learning. Ask about their favourite toy, game, friend, song or book. Ask about what happens when they're out, how they're feeling and what they want to play. Tell your child all about your world, and about things you love.
3. **Play with your child every day.** It doesn't have to be for long chunks of time – you can build moments into your daily routine, and during that time try to be happy and fun. Whilst you're playing, make a big effort not to lead the game, give advice, judge or criticise your child. If you're not sure what to do, just give a running commentary of what your child is doing. It will make their play feel important

**4 Constantly try to engage your child in conversation.** Talk about what is going on. Describe what you see. Read signs and talk about what is going on around you. Face to face chats are best, but you can have some great conversations on the bus or walking side by side. If your child is too young to talk, pretend their babble or noises make perfect sense to you, and have a full-blown conversation.

5. **Have rough and tumble play.** Children love to be chased and picked up. Physical play helps children learn about their own strength, and deal with difficult emotions and anxieties, so do whatever your child finds fun and exciting. Affection during play, such as hugs, hair ruffles and pats on the back, are a great way to show your child that you love them and build an even stronger bond between you.



6. **Make mealtimes sociable.** When your child is eating, sit at the table with them. Talk about anything and everything. Keep toys and electronics away from the meal table, so you can really enjoy some one-to-one time. As your child grows older, ask lots of fun questions to find out more about your child's world.
7. **Let your child help around the home.** When you are cooking, cleaning or shopping, get your child involved. Give your child a list of items when shopping, let them help you weigh ingredients, and give them a duster to help you clean. Although it may take a little longer, you will have a lot more fun doing tasks. Your child will not only learn how to help out, they will benefit from extra time talking and interacting with you.
8. **Spend time playing outdoors every day.** Children need fresh air and exercise, and benefit from being introduced to different environments, so try to let them enjoy the great outdoors and new experiences. Point at new things and tell them the names of what you can see. Children smile and laugh a lot more when playing outdoors. Your child can wear a raincoat and boots if it's raining.
9. **Encourage your child to play and talk when you're with other adults or family members.** When you're socialising with friends or family, try to include your child in conversations. Children learn by absorbing information through daily interactions. If the grandparents are over, or other friends and family members, ensure your child spends time with them, let them tell your child a story or talk about a particular subject. Learning at home is something that the whole family can be involved with!
10. **Make a list of all the fun things you can do with your child.** So, you can refer to it when you're short of ideas. Your list can include anything from ball games; making up a story where your child is the hero or heroine; creating a den with bedsheets and sofa cushions; going for a night walk with torches; having a water or pillow fight; reading poems or books in funny accents; or even putting on some music and having a family disco! You'll be creating great memories for your child and having lots of fun too.

# **CORONA VIRUS**

## **Information about the virus**

A coronavirus is a type of virus. As a group, coronaviruses are common across the world. Typical symptoms of coronavirus include fever and a cough that may progress to a severe pneumonia causing shortness of breath and breathing difficulties.

Generally, coronavirus can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions like diabetes, cancer and chronic lung disease. Novel coronavirus (2019-nCov) is a new strain of coronavirus first identified in Wuhan City, China.

## **UK Situation**

As of 29th January a total of 130 UK tests have been concluded, of which all were confirmed negative and 0 positive.

There are currently no confirmed cases in the UK or of UK citizens abroad, and the risk to the public is low. The government is monitoring the situation closely and is continuing to work with the World Health Organisation and the international community. If and when a first case in the UK is confirmed, it will be announced as soon as possible by the Chief Medical Officer.

## **Advice for travellers from Wuhan**

If anyone in the UK has returned from travel to Wuhan in the last 14 days they should:

- Stay indoors and avoid contact with other people as you would with other flu viruses
- Call NHS 111 to inform them of their recent travel to the city

Even if they do not have symptoms of the virus they should still follow the above advice.

People are being asked to take simple, common-sense steps to avoid close contact with other people as much as possible, like they would with other flu viruses.

Any further guidance, please speak with our local Public Health England health protection team who can be contacted on **0344 225 0562** and select **Option 2**.

# Harry Potter and the Muggles Feast



Hufflepuff Poppin'

Chicken

or

Potters Pizza

Pockets

served with

Slytherin Skinny Fries  
Voldemort Vegies

or

Bertie Botts  
Baked Beans

Hogwarts Magical

Muffin

or

Floean Fortescue  
Ice Cream Parlour



## ORDER FORM FOR

\* MEAL  
TAKES  
PLACE ON

**Harry Potter Day**

*Tuesday 24th March 2020*

Please complete the form and

return it to the school by the

*Wednesday 26th February 2020*

Don't complete if your child already stays for lunch or is entitled to free meals.

The cost is **£2.30** per child

Name..... Class No.....

If your child has an allergy or special dietary requirement, please contact your school office to inform them of your child's requirements.

**We look forward to serving your child!**

If you and your child would like to join in the fun and they don't currently stay for school meals, please contact your school for payment details.