



## LONGSANDS LINK – 28th February 2020

### CORONA VIRUS

We have attached to this week's Link, information sent to schools from Public Health England regarding Corona Virus. We would encourage all parents and carers to read this so that they can make themselves aware of what to look out for. This will be updated information to the version we distributed with the Link at the end of January. In school we are having deep cleans each night by the cleaning company, children have been practising how to wash their hands correctly, hand sanitiser is available in each class and staff are monitoring the children carefully.

### YEAR 3 PARENTS EVENING

Parents Evening for Year 3 children only, will take place on the following days with Miss Abbas, whilst Mr Hudson is away.

**Tuesday 3rd March:** 4.00pm to 6.00pm  
**Wednesday 4th March:** 5.00pm to 7.00pm

### SKIPPING EVENT

We will be having a skipping workshop in school on **Monday 9th March**. We have added a letter to this newsletter with more information and skipping ropes will be available to buy for both children and adults.

### PTFA QUIZ NIGHT

Come along and have some fun at our PTFA Quiz Night on **Friday 6th March!!** Tickets are now on sale, so please fill in and return your forms so they can make sure your supper is ordered. Forms can be posted in the PTFA post box by the school office.

### EASTER HAT PARADE

The PTFA are organising an Easter hat parade, children can decorate a bonnet or cap any way that they like and then show off their creation at our Easter hat parade. This will take place on the last day of term Friday 3<sup>rd</sup> April, and prizes will be given to the winner in each class.

### PTFA CHILDREN'S EASTER RAFFLE

The PTFA are trying something a little different this year, and doing the Easter raffle just for the children. On Friday 3<sup>rd</sup> April, each child can bring in £1.00 if they would like to buy a raffle ticket strip, and the draw will take place later that day. There will be plenty of Easter treats as prizes!

### WORLD BOOK DAY

The children may come into school in their pyjamas instead of school uniform on World Book Day – Thursday 5<sup>th</sup> March, and bring with them their favourite book. They will be able to share this with teachers and their friends.

### JUNIOR FOOTBALL

Longsands Junior Football Club are looking for additional players to join their club, especially Year 5 children. All of their coaches hold FA, First Aid and Safeguarding certificates. Take a look at the poster attached to this newsletter.

## Mrs McKeown's Message

Two representatives from The Foxton Centre (a charity we contributed to at Christmas) came into school this week to support us with the homeless person who had used one of our sheds last weekend. Louis and Rhiannon are aware of who it probably was, and will be ensuring they have a more suitable place to spend their nights. The shed chosen for shelter was due for demolition this week. Thank you to Mr Tuson and Mr Worthington who came into school to help with this. We have had a fantastic response to the Craig McCann sponsored event, and the proceeds will be going towards some extra outdoor equipment for the children. Don't forget the Community Gardening Day on Saturday 29<sup>th</sup> February (10.00am to 5.00pm) organised by Mrs Calvert. Once the garden has been reinstated to its former glory our PTFA will be purchasing benches for the children to use. These will complement the mindfulness hub that has been applied for through lottery funding. The aim of this is to create a peaceful area for children to enjoy whilst gardening and nature watching. Please let Mrs Calvert know if you are able to help us.

[c.calvert@longsands.lancsngfl.ac.uk](mailto:c.calvert@longsands.lancsngfl.ac.uk)

### PE KITS

Please ensure that your child has their PE kit in school every day, and not just on the days that they have a PE lesson. If additional sports activities occur in school, your child cannot take part if they do not have their kit with them.

### YEAR 4

The children in Year 4 will be having a water efficiency workshop in school on Tuesday morning.

### OUTSIDE SCHOOL HOURS

If you see any suspicious activity at school outside of school hours, please call **101** to report crime and other concerns that do not require an emergency response, and **999** for those that do. We would be grateful if you would also email Mrs McKeown to notify her of your concerns to:

[head@longsands.lancsngfl.ac.uk](mailto:head@longsands.lancsngfl.ac.uk)

### MAY DAY BANK HOLIDAY

We distributed amended holiday sheets before the Summer holidays, and have added updated information to regular newsletters regarding the change the Government have made to this years May Day bank holiday to mark the 75<sup>th</sup> Anniversary of VE Day. Please check that you have the correct holiday and term dates for 2019/2020. Monday 4<sup>th</sup> May 2020 is **no longer** a bank holiday as this has been moved to **Friday 8<sup>th</sup> May** instead.

## Don't Forget

### MONDAY 2nd MARCH 2020

- Spanish Club (3.20pm – 4.20pm)
- Ballet

### TUESDAY 3rd MARCH 2020

- Recorder Club (YR2 – YR6) 3.20pm to 4.00pm
- Year 4 Water Cycle Workshop
- Keyboard Lessons
- KS2 Lunchtime Singing Club with Mrs Eaves
- Netball with Mrs Monks (3.20pm to 4.15pm)
- Boys Football (3.20pm – 4.15pm)
- Year 3 Parents Evening 4pm – 6pm
- Ballet

### WEDNESDAY 4th MARCH 2020

- Scholastic Book Fayre
- Little Zoo After School Club (dependent on numbers)
- Year 5 & 6 Lunch Time Maths Club with Mr Munro
- Cricket Club with Mrs Monks 3.20pm to 4.15pm
- Year 3 Parents Evening 5.00pm – 7.00pm
- Swimming Year 4 (am)

### THURSDAY 5th MARCH 2020

- Guitar Lessons
- World Book Day – Come dressed in PJ's and bring favourite book.
- World Book Day Lunch
- Computing Club (payable in advance) for Year 4 to Year 6. 3.20pm to 4.20pm

### FRIDAY 6th MARCH 2020

- Good Work Assembly 9.10am
- Games Club with Mrs Ramalli (by invitation) at lunch time.
- Church Club with Fr. Keith from 3.20pm to 4.00pm.
- Girls Football

### SPONSOR MONEY

Thank you so much to everyone that has sent in sponsor money already. Please send in any remaining money to be collected on Monday 2nd March.

### SCHOOL LUNCH MENU

WC 02/03/20 - **WEEK 2**

### Happy Birthday

MARTHA, EVELYN and KIRA

### Dinner Table Stars

DEKONTI and ALEXANDER

### Pupil's Choice Award

ELLIE – Year 5



Our target attendance at Longsands is **96%**.

RECEPTION: 95.20%

YEAR 1: 96.89%

YEAR 2: 95.90%

YEAR 3: 97.66%

YEAR 4: 97.45%

YEAR 5: 95.73%

YEAR 6: 97.65%

## Pupils of the Week

RECEPTION: LARA

YEAR 1: ALEXANDER

YEAR 2: EMMA

YEAR 3: SARA

YEAR 4: ISABELLE

YEAR 5: TOBY

YEAR 6: ARISHA

## Longsands Values

RECEPTION: AADAM

YEAR 1: EVELYN

YEAR 2: LOCHLAN

YEAR 3: SORAYA

YEAR 4: MAX

YEAR 5: KIERAN

YEAR 6: DYLAN



# TERM DATES AND HOLIDAYS

## 2019 - 2020

### Autumn Term 2019

<b>School Returns</b>	Monday 2nd September 2019
<b>Half Term Holidays</b>	Monday 21st October – Friday 25th October 2019
<b>Closure after school</b>	Friday 20th December 2019 at <b>2.00pm</b>

### Spring Term 2020

<b>School Returns</b>	Monday 6th January 2020
<b>Half Term Holidays</b>	Monday 17th February – Friday 21st February 2020
<b>Closure after school</b>	Friday 3rd April 2020 at <b>2.00pm</b>

### Summer Term 2020

<b>School Returns</b>	Monday 20th April 2020
<b>May Day Bank Holiday</b>	<del>Monday 4th May 2020</del>
<b>New 2019 May Day Holiday</b>	<b>Friday 8<sup>th</sup> May 2020</b>
<b>INSET DAY 1</b>	<b>Friday 22nd May 2020</b>
<b>Half Term Holidays</b>	Monday 25th May - Friday 29th May 2020
<b>INSET DAY 2</b>	<b>Monday 1<sup>st</sup> June 2020</b>
<b>INSET DAY 3</b>	<b>Tuesday 2<sup>nd</sup> June 2020</b>
<b>INSET DAY 4</b>	<b>Wednesday 3<sup>rd</sup> June 2020</b>
<b>Closure after school</b>	Friday 17th July at 2020 at <b>2.00pm</b>
<b>INSET DAY 5</b>	<b>Monday 20<sup>th</sup> July 2020</b>



Longsands C.P. School  
Longsands Lane  
Fulwood  
Preston  
Lancashire  
PR2 9PS

Tel: 01772 795676

Headteacher: Mrs S McKeown

Dear Parents & Carers

### **Skipping Workshop - Monday 9<sup>th</sup> March 2020**

I am pleased to inform you that we have invited Skipping Workshops Ltd to hold an all-day skipping workshop at school and every child will have the opportunity to learn a complete range of skipping skills.

"Skipping Workshops" have presented demonstrations in schools over the past 20 years throughout the UK, as well as Europe and Ireland. They have represented the UK in international skipping events, and have appeared several times on tv, including Blue Peter helping to teach Mr Bean to skip, BBC TV news and SM:TV Live. Their aim is to encourage children and adults to skip for health, fun and fitness.

The team coach will work with groups of children throughout the day, introducing a variety of skipping skills, catering for all children from complete beginners to advance skippers.

The gymnastic speed ropes the children will be using during the day will be on sale for children to purchase after the event for £4.00 each. For parents who are interested in skipping with their children, or who simply want some useful exercise themselves, special adult ropes are available at a cost of £5.50 each.

The ropes are made to a high standard, are light and easy to turn and allow children and adults to progress rapidly with their new skipping skills. If you would like to purchase a skipping rope for either yourself or your child, these will be available to buy on ParentPay next week, and will be given out on the day of the workshop.

Yours sincerely

**Mrs. S. McKeown**  
Headteacher





Date: 25<sup>th</sup> February 2020

Dear Headteacher,

**Re: COVID-19 Advice for schools and educational settings**

You may be aware that advice for travellers from affected areas has recently changed and it has come to our attention that this may affect children and staff returning from school trips. Please be aware that this is a fast-evolving situation and we will continue to share any new advice at the earliest opportunity.

As of today (25<sup>th</sup> February) advice for returning travellers is as follows;

1) If you have returned from the following areas **since February 19**, call NHS111 to inform them of your recent travel, stay indoors and avoid contact with other people **even if you do not have symptoms**:

- Iran
- Specific lockdown areas in Northern Italy\* as designated by the Government of Italy:  
In the Lombardy Region:
  - Bertinico; Casalpusterlengo; Castelgerundo; Castiglione D'Adda; Codogno; Fombio; Maleo; San Fiorano; Somaglia; and Terranova dei Passerini

In the Veneto Region: Vo

A [map](#) has been published to help detail the relevant areas.

- Daegu or Cheongdo (Republic of Korea)
- Hubei province, China (returned in the past 14 days)

2) If you have returned from the following areas since **February 19<sup>th</sup>**:

- Northern Italy (see [map](#))
- Vietnam
- Cambodia
- Laos
- Myanmar

Or If you have returned to the UK from any of the following areas **in the last 14 days**:

- Other parts of China outside Hubei province
- Thailand

- Japan
- Republic of Korea
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau

You should stay indoors at home and avoid contact with other people immediately and call NHS111 **only if you develop symptoms.**

Further guidance for educational settings has been published at the following links and will be updated as soon as possible with the above advice and any further changes:

<https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19>

Information for the public: <https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

Occasionally, one or more of your staff or pupils may be asked to self-isolate because they are a contact of a confirmed case or have been to the specified towns and regions in Italy or other specified countries. The student or staff member will be given specific advice from NHS111. In this instance there is nothing further for the school to do. **There is no need for schools to close.**

Headteachers should speak to the Public Health England North West Health Protection Team if they have any specific concerns with regard to self-isolated pupils or staff and / or their school contacts and the rest of pupils and staff [office hours: 0344 225 0562 (Option 1); Out of hours: 0151 434 4819; or e-mail: [ICC.Northwest@phe.gov.uk](mailto:ICC.Northwest@phe.gov.uk)].

Yours sincerely

Public Health England

LONGSANDS SCHOOL PTFA

# QUIZ NIGHT

ALL YOU NEED  
is  
**POCKET MONEY**  
and **CHANGE**  
for the  
**INTERVAL GAMES** and  
**REFRESHMENTS!**

Friday 6th March

7pm

Lonsdale Club  
Fulwood  
PR2 8DB

Adult £6    Child £4    Pre-school child free  
Teams of up to 8 people

**\*\*Ticket price includes all quiz rounds and supper\*\***

Interval games include Kids Quick Bingo, Football Cards,  
Lemon in Bucket, Buzzer and Penny on a Chocolate Bar!

**Parentkind**  
Member Association







# CALLING THE LOCAL LONGSANDS COMMUNITY

Your local school need your help!

**Saturday 29th February 2020  
10am - 5pm Gardening Drop in**



**We need your help to prepare an area of garden  
for planting an orchard of fruit tree saplings,  
to celebrate the schools 25th Anniversary**

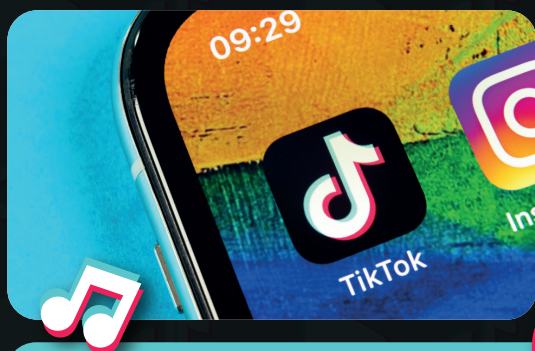
**Grab your wellies, strimmers, rakes, spades  
and gardening gloves and come and lend a hand**

**Refreshments provided Children welcome  
Free fruit tree sapling for Volunteers**





TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos much in a similar manner to Facebook, Instagram and Snapchat. It's main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-syncing and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity to become the iOS store's most downloaded app with over 33 million downloads. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.



What parents need to know about

# TIKTOK



## MATURE CONTENT

On the iOS store, TikTok is listed as 12+. On the Google Play Store it is rated as 'Parental guidance recommended'. When signing up for the app, it's possible to lie about your age without any form of verification. As children scroll through their feed, most of the videos they're likely to come across are lighthearted or funny takes on dance routines which are designed to make people laugh. However there has been a slew of videos which have been reported for featuring drug and alcohol abuse, self-harm and sexual content, including young teens dressing overtly sexually and behaving suggestively. Given the deluge of material uploaded to TikTok every day, it's impossible to moderate everything and it can be quite common to come across explicit content on the 'for you' feed when logging into the platform.



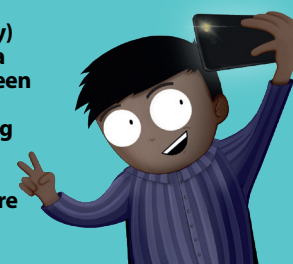
## INAPPROPRIATE MUSIC

TikTok revolves around creating music videos through lip-syncing and dancing. Inevitably, some of the music featured by users will contain explicit or suggestive lyrics. Given the undeniably young user base, there is a risk that children may look to imitate the explicit language they hear or the suggestive actions they see when viewing others user's videos on the app.



## TIKTOK FAME

TikTok is very image focused and there is a notable preoccupation with appearing cool and attractive. Many teenagers now attempt to go viral and become what's known in-app as 'TikTok famous'. TikTok (and its predecessor musical.ly) has spawned its own celebrities – social media stars Loren Gray and Jacob Sartorius have been catapulted to fame through their initial exposure on the app. Obviously, most budding influencers looking to become the next big thing will be disappointed, but this may have the knock-on effect of making them go to more and more drastic lengths to get noticed.



## ONLINE PREDATORS

As a social network, TikTok makes it easy to connect with other users. This includes the ability to comment on and react to other user's videos, follow their profile and download their content. Be aware that by default, any user can comment on your child's video if their account is set to public. Most interactions are harmless enough but as an app, TikTok is prone to predators because of the abundance of younger users.



## ADDICTIVE NATURE

Social media is designed to be addictive and TikTok is no different. It can be fun and hugely entertaining. However, it is also because of this that it can be hard to put down. In addition to the short, punchy nature of the looping video format, the app's ability to keep you guessing what will come on screen next makes it easy to turn a five-minute visit into 45-minute visit.



## IN-APP PURCHASES

Aside from the content, there's also the option to purchase in-app extras called 'TikTok coins'. Prices range from £0.99 for 100 coins to an eye-watering £93.99 for 10,000 coins. TikTok coins are used to purchase different emojis to reward content creators that a user finds funny or entertaining. In the iOS version of the app you can disable the option to buy TikTok coins but this sadly doesn't seem to be a feature in the Android version.



# Safety Tips For Parents



## TALK ABOUT ONLINE DANGERS

Assuming your child is above the age limit to use the app, make sure you also take the time to talk to them about what they are seeing on the app. Have a dialogue, get them to give you their opinion on what is appropriate and model the correct behaviour for them. Go over why they shouldn't give out private information or identifiable photos and be positive and understanding of them. In the long run, getting them to think critically about what they're seeing goes a long way to keeping them social media savvy.



## USE PRIVACY SETTINGS

Undoubtedly, the easiest way to safeguard your child on TikTok is to make sure their account is set to private. This means only those users your child approves can view, like, and follow their content. Setting the account to private may clash with your child's goal of social media superstardom, but it will keep their account secure from strangers. This setting can be enabled under the privacy and safety menu by pressing the ellipsis in the 'me' tab of the app. To be extra safe, there are additional controls available to toggle such as who can send comments and messages, among other options.



## ENABLE RESTRICTED MODE

In the digital wellbeing section there's the ability to turn on restricted mode using a PIN. Restricted mode filters out content that is not age appropriate although it should be noted that this isn't always 100% fool proof. When enabling restricted mode, parents should still be vigilant to what their child is watching and take note that the algorithm moderating content is not infallible.



## EXPLORE AND LEARN YOURSELF

Understanding and learning the app yourself is a great way to get to grips with TikTok. You could then even use the app with your child and watch some videos with them. If you are the parent of a teen, even if it does not make you popular, keep a close eye on what they're viewing and sharing. That said, it's a brilliant chance to turn it into a bonding opportunity with your child also. You could even unleash your inner performer and make videos with them while (more importantly) keeping them safe online.



## LEARN HOW TO REPORT AND BLOCK INAPPROPRIATE CONTENT

With the proper privacy settings in place, TikTok can be a safe space for your child to express themselves. However, just in case something does manage to slip through, make sure your child knows how to recognise and report content that isn't appropriate and get them to come to you about what they have seen. TikTok allows users to report offenders and comments within the app. You can also block individual users by going on their profile.



## MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child moderate their time on the app by making use of the digital wellbeing section. Under the screen management option, you can limit the daily allotted time allowed on the app in increments ranging from 40 to 120 minutes. You can also lock this preference behind a PIN number which has to be inputted in order to then exceed the daily time limit. This way your child can get their daily dose of memes without wasting away the day.



## Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



## \*NEW FOR 2020\* FAMILY SAFETY MODE

TikTok Family Safety Mode allows parents to link their own TikTok account to their child's. It's a great way to oversee your child's digital wellbeing by giving you direct control over their safety settings and being able to remotely turn features on and off. This includes managing screen time, the ability to send and receive direct messages (and with whom) and the ability to restrict the appearance of content that might not be age appropriate.



SOURCES: [www.tiktok.com](http://www.tiktok.com)



## Longsands Junior Football Club

We are currently looking for players to join our Under 10 Teams, current Year 5 students at school.

All children welcome to join us for a free taster session and to meet our teams and coaches.

Training is on a Thursday evening and matches are played on a Sunday.



Our coaches are FA qualified and hold up-to-date FA approved First Aid and Safeguarding qualifications.

For more information contact Damien Russell, Club Secretary at

**[U10@longsandslynx.co.uk](mailto:U10@longsandslynx.co.uk)**





Bringing the  
Little Zoo to  
**YOUR** school soon!

Our unique mini zoo experience will be coming to your school very soon, and will run once a week, after school, for 4 weeks.

The sessions are perfect for all ages, and Gemma - the Little Zoo leader - will help the children learn about the animals and their habitats, hold fun quizzes, learn amazing facts, and of course animal handling and cuddles too!

For dates for **YOUR** school, please go to  
[www.littlezoo.co.uk/schoolbookings](http://www.littlezoo.co.uk/schoolbookings)

**PLACES ARE  
LIMITED!**

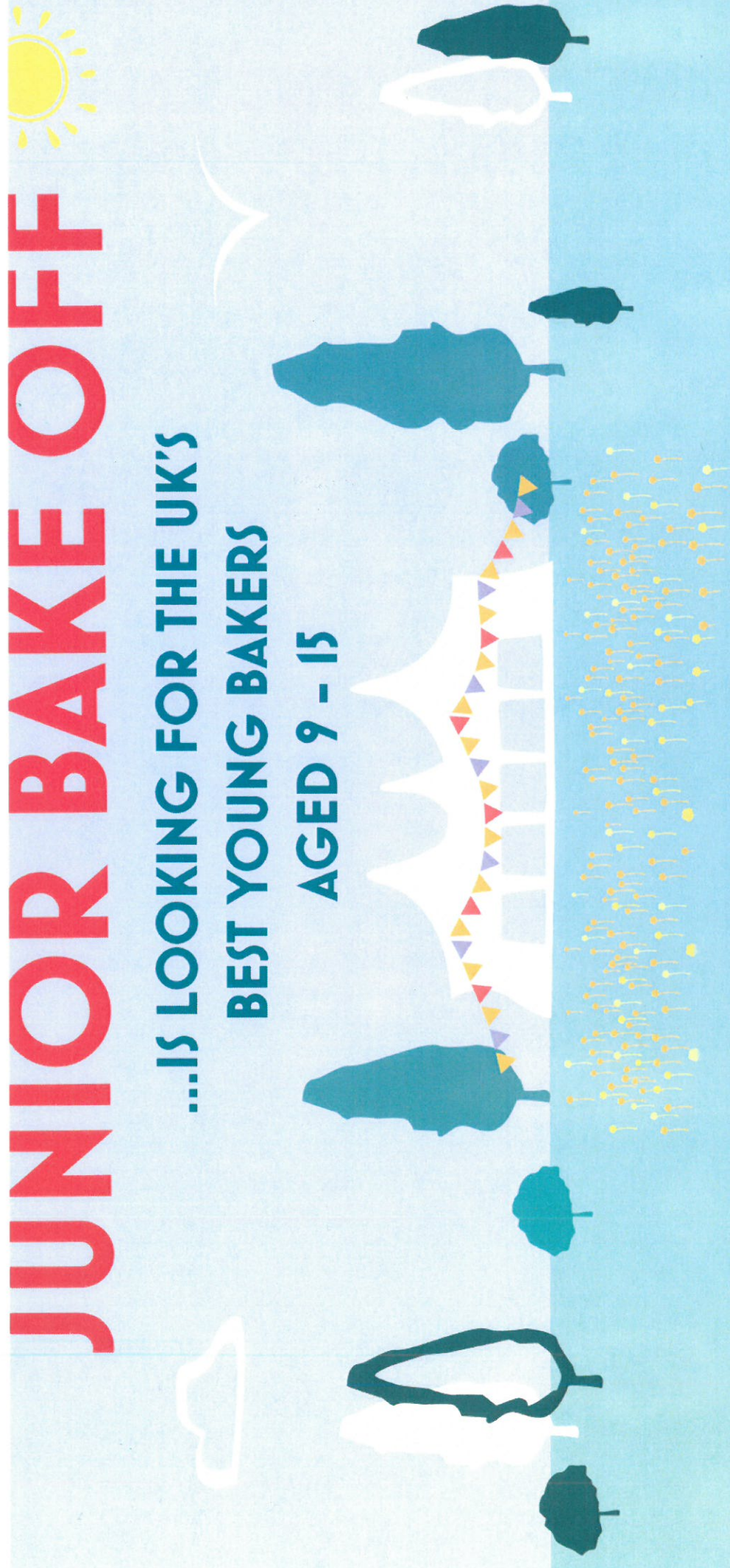




# JUNIOR BAKE OFF

...IS LOOKING FOR THE UK'S  
BEST YOUNG BAKERS

AGED 9 - 15



[WWW.APPLYFORJUNIORBAKEOFF.CO.UK](http://WWW.APPLYFORJUNIORBAKEOFF.CO.UK)

APPLICATIONS CLOSE  
SUNDAY 5th APRIL 2020