

LONGSANDS LINK - 13th March 2020

PRESTON SCHOOLS SWIMMING GALA

On Monday, Mrs Barton, Mrs Taylor and Mrs Monks took a team of swimmers to participate in the Preston School's Swimming Gala. We were promoted to the top division (6 in total) 2-3 years ago, so we knew we had a tough competition ahead of us. The individual races came first. Shyah was up first with the freestyle relay and was unlucky to just miss out on 3rd place in a very close race. Max followed with the boy's freestyle and swam brilliantly to finish in 3rd place. Then we had Katie who was up against her fellow PSC competitor in the breaststroke. What a race! With some real determination and fantastic swimming technique from Katie, we secured our first win of the competition. Connor then followed Katie with the boy's breaststroke and left his competitors behind to finish in first place! Girls backstroke followed and Olivia amazed us all with her fantastic backstroke race. She was up against some fierce competition and secured our third first place! Boys backstroke completed the individual races with Elliot swimming superbly against some tough PSC swimmers. We then had the relay races. The medley relay: Olivia, Katie, Connor and Max - 1st Place The freestyle relay: Amber, Lexi, Shyah and Elliot - 4th Place

Each and every one of our swimmers gave their all and did extremely well. It was a real team effort. All of the teachers were very proud of you all.

OVERALL RESULT - CHAMPIONS OF THE FIRST DIVISION!!

This is the first time in Longsands history that we have finished top in the first division, so this is an amazing achievement. Well done team! Thank you to all of the parents and grandparents for your help with transport and supporting the team. It really was much appreciated.

MUSIC CONCERT

On **Wednesday 29th April**, we will be holding a music concert from 6.00pm to 7.00pm. If your child currently has music lessons outside of school, or would like to perform in the concert, could you please contact Mrs Eaves. We hope to have performances from singing club and recorders. More details will follow soon **j.eaves@longsands.lancsngfl.ac.uk**

SCHOOL LUNCH MENU WC 16/03/20 - WEEK 1

Mrs McKeown's Message

We won our groups swimming gala!!
Congratulations to the team for a fantastic effort. The first time Longsands has won it. Thank you to those parents who have been into school to read stories to Reception Class and Year 1. The children have loved it. Our trees are being planted by the children, who will be able to watch them grow over their years with us at Longsands. Hopefully a long lasting legacy.

Thought for the weekend:

Don't worry about failures, worry about the chances you miss when you don't even try.

BREAKFAST DANCE CLUB

Sally Howard has added an additional date for the breakfast dance club next week, to make up for the week she was ill. Therefore, there will be a breakfast dance session at 8.00am on Tuesday 17th March and Wednesday 18th March next week.

YEAR 6 ORIENTEERING CLUB

Orienteering club for Year 6 children will take place on Thursday's after school starting March 26th. Please login to ParentPay to sign up for this club. Thank you

INDOOR CRICKET COMPETITION

On Thursday, Mrs Monks took a Year 3 and Year 4 cricket team to the Preston School's Indoor Cricket Competition. Our team consisted of Max C (Captain), Josh, Jack, Ryan, Emily, Jenna, Lexi and Amelia. We have worked very hard on our technique over the last few weeks and have improved so much. Today we played three matches and won one, and lost two. However, we were very unfortunate to lose the two, only missing out on a win by one run and eight runs. Mrs Monks was extremely pleased and impressed with how the children played, keeping their technique going even though it would have been easy not to. Well done to you all. Thank you to all of the parents, carers and grandparents for your help and support with transport and cheering the team on.

AFTER SCHOOL CLUBS

If your child does not attend school, gets collected early, or is attending a sports fixture and are usually picked up by an after school club, please ensure that you have contacted them to let them know. Thank you.

CRICKET CLUB

Cricket club with Mrs Monks has now finished, and will no longer take place after school on Wednesday's. Thank you

Don't Forget

MONDAY 16th MARCH 2020

- Spanish Club (3.20pm 4.20pm)
- Ballet

TUESDAY 17th MARCH 2020

- Catchup Dance Breakfast Club 8.00am with Sally Howard
- Recorder Club (YR2 YR6)
 3.20pm to 4.00pm
- Keyboard Lessons
- KS2 Lunchtime Singing Club with Mrs Eaves
- Netball with Mrs Monks (3.20pm to 4.15pm)
- Boys Football Club
- Ballet

WEDNESDAY 18th MARCH 2020

- Little Zoo After School Club (session 3 of 4)
- Year 5 & 6 Lunch Time Maths Club with Mr Munro
- Swimming Year 4 (am)
- High 5 with Mrs Monks 3.20pm to 4.15pm

THURSDAY 19th MARCH 2020

- Guitar Lessons
- Mini Skills Competition at Preston's College (pm)
- Computing Club (payable in advance) for Year 4 to Year 6. 3.20pm to 4.20pm

FRIDAY 20th MARCH 2020

- Good Work Assembly 9.10am
- Games Club with Mrs Ramalli (by invitation) at lunch time.
- Church Club with Fr. Keith from 3.20pm to 4.00pm.
- Girls Football

BOYS FOOTBALL

Congratulations to the boy's football team: Max, Toby W, Oscar, Daniel, Aadit, Harry M, Elliot and Zak who secured a 3-0 win against St. Clare's on Tuesday. A fantastic team performance from everyone, and superb goals from Max (2) and Elliot (1). A special thank you to Mr Moville for training the boys, and to all of the parents and carers who helped with transport and supported the team. Well done boys!

HOME LEARNING

Twinkl are currently offering a months free subscription to activities that can be used at home by parents. We suggest that this is something you can use alongside the home learning packs that school will send home as and when we have to close.



Our target attendance at Longsands is **96%**.

RECEPTION: 95.28% YEAR 1: 97.09% YEAR 2: 95.83% YEAR 3: 97.72% YEAR 4: 97.38% YEAR 5: 95.92% YEAR 6: 97.75%

HIGH FIVE

High Five with Mrs Monks will begin on Wednesday 18th March and will run from 3.20pm to 4.15pm. This club will be by invite only.

Pupils of the Week

RECEPTION: ROCCO YEAR 1: ROMAN YEAR 2: LOLA YEAR 3: EILIDH YEAR 4: NOAH YEAR 5: SARA YEAR 6: HARIS

Pupil's Choice Award

SHRIYA - YEAR 5

Dinner Table Stars DEKONTI, GEORGE & LILY

Happy Birthday

PRINCE and MAX

Longsands Values

RECEPTION: MAX YEAR 1: ADEOLUWA YEAR 2: SAM YEAR 3: DHRUV YEAR 4: JOSHUA YEAR 5: OLIVIA YEAR 6: EVIE

Preston's College Notification

COLLEGE CLOSED - FRI 13 MARCH 2020

12 March 2020

Due to the recent return of a learner from a category 2 country who has subsequently become unwell, and following advice form Public Health England, the college has decided to take the precautionary decision to close in order to carry out a deep clean of the campus.

The cleaning company will be on campus from Friday 13th March and on Monday (16th) and Tuesday (17th) of next week, with the view to reopening on Wednesday 18th March. This will be confirmed in due course.

Therefore, no staff or students are required to attend college. The college will keep students updated throughout this period via the website and our social media channels.

It is important to note that this is a precautionary measure as this is not a confirmed coronavirus case.

As a further precaution the college has taken the decision to postpone the Careers Fair on Wednesday 18th March. The new date will be announced in due course.

Indoor Cricket



Well done Ryan, Max, Josh, Jack, Emily, Lexi, Jenna and Amelia!!

Longsands PTFA & AVIVA Community Fund Programme



https://www.avivacommunityfund.co.uk /where-the-acorns-will-bloom

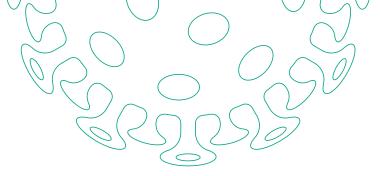
PLEASE SUPPORT US BY PLEDGING A DONATION OR SHARING THIS LINK WITH ALL YOUR SOCIAL MEDIA CONTACTS

ANY CONTRIBUTION LARGE OR SMALL WILL BE GREATLY APPRECIATED

WE HAVE UNTIL 22ND ARPIL 2020 TO RAISE OUR
TARGET OF £500

MORE DETAILS ARE ON THE LINK AND OUR FACEBOOK PAGE





Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it
by washing
your hands with
soap & water or
hand sanitiser



After breaks & sport activities



Before cooking & eating



You should wash hands with soap & water or hand sanitiser

On arrival at any childcare or educational setting



After using the toilet



Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: **campaignresources.phe.gov.uk/schools**

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings **gov.uk/government/publications/guidance-to-educational-settings-about-covid-19**. Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Iran, specific lockdown areas in northern Italy, special care zones in South Korea or Hubei province China (returned in the past 14 days) should self isolate, and NOT attend education or work for 14 days. See **NHS.UK** for advice on coronavirus.

