



LONGSANDS LINK – 16th October 2020

Mrs McKeown's Message

Just one more week to go before the half term break for the children. As always, on my weekly message, thank you for continued support with our plans and also please take note of all the Government plans as well. We all need to look after each other.

We have welcomed back Year 5 this week from their home learning and I know there have been a number of positive comments from parents on the quality of the Seesaw activities and video teaching planned and set by Mrs Eaves and Mrs Taylor.

Have a lovely weekend and look after yourselves. Keep in touch.

Mrs McKeown

KS1 DROP OFF AND COLLECTIONS

Please could we politely remind parents and carers of children in Reception, Year 1 and Year 2 to use the path by Bluebells Nursery **into** school at your allocated class bubble time slot. If you do wish to use the staff car park walkway, this should be used as an **exit** only.

Class Bubble Time Slots:

Reception: 9.15am and 3.10pm

Year 1: 8.55am and 3.20pm

Year 2: 9.10am and 3.30pm

Once in the playground please keep children with you at all times, and wait in a safe socially distanced area of the yard until the door is opened by the class teacher. Thank you for your understanding and co-operation during these challenging times.

NEW LUNCH MENU

Your child should have brought home the new Autumn and Winter lunch menu which will begin after half term. If you would like your child to have a school dinner, please complete this menu and return it back to school by **Monday 19th October**. As detailed on the front sheet, please ensure that your child's name and class are written on the menu, together with any dietary requirements that the kitchen need to be aware of. Thank you

KEEP CHECKING

There is a good deal of class information being sent via Seesaw now rather than by class letters, so it is important that parents check this daily when you receive a notification.

APPLY ON TIME FOR A SCHOOL PLACE

The Local Authority's shared campaign with schools to reduce the number of late applicants for 2021 admissions is well underway. Their research clearly pointed to the fact that primary school support and assistance to families was a key factor to on-time applications.

Current Year 6 pupils who are due to transfer to high school in September 2021 need to apply by 11.59pm on the statutory closing date of **31st October 2020**.

Children who are due to start Reception class at primary school in September 2021, (these are children who have their 4th birthday between 1st September 2020 and 31st August 2021), need to apply by 11.59pm on the statutory closing date of **15th January 2021**.

Should you need any help, support or guidance, the Pupil Access Office Contacts are listed below:

Preston, South Ribble, West Lancashire and Chorley:
Telephone 01772 532109

Lancashire County Council Team:
01772 531676

Applications to be made by the closing date can be done using this direct link:

CLICK HERE TO APPLY!

SCARECROW TRAIL

The PTFA hope that your scarecrow making is coming along. We have over 30 scarecrows taking part! We will be issuing the letters for the message hunt next week and look forward to seeing all scarecrows on the trail during half term. You can buy your map for £1.00 each from Longsands Pharmacy, Tesco Express and the Anderton Arms (to be confirmed due to the change to Tier 3 status) from Friday 23rd October. The PTFA will also be at each available at each hometime class area next Friday selling the scarecrow trail maps. Thank you very much for your support!

NASAL FLU IMMUNISATIONS

Children in Reception through to Year 6 have the opportunity to have their nasal flu vaccination in school. If you would like your child to take part, please click on the link below and complete the online registration forms:

[Click here for Online Flu Form](#)

We have attached a fact sheet to this newsletter, but if you wish to discuss anything with the Intrahealth Immunisation Team please call **0333 3582 397**. **This online link will only be open until 29th October.**

Don't delay, do it today!

PTFA - DESIGN A CARD

The children will have this week brought home their designed cards. If you would like to purchase any cards or products, please **complete the form** on the reverse of the design card and then send this back to school with the correct money, in a sealed envelope marked for the attention of the PTFA. If you wish to pay by cheque please make this payable to

Longsands C P School PTFA.

The company have granted an extension for Year 2 due to their absence from school. Please would Year 2 parents return the completed form and correct payment in a sealed envelope again marked for the attention of the PTFA by **Friday 23rd October**.

If you have any queries at all, please email:

longsandsptfa@gmail.com

KS2 DROP OFF AND COLLECTIONS

Whilst we appreciate pupils arriving early for school, please try to only approach your specific class meeting area at your specified time. This will help to avoid any potential mixes, and will help to avoid congestion in the waiting areas. Thank you

SCHOOL INFORMATION

If you require any documents such as term dates or school lunch menus etc, please do not remove them from the school notice board as these are for the reference of all parents. There are copies free for everyone to take from the document holder on top of the brown box, which is directly opposite the display board. If you cannot find the form that you need either here or on the website, please ask and we will gladly provide them for you.

Pupils of the Week

RECEPTION: **GEORGIA**

YEAR 1: **ABDUL**

YEAR 2: **GEORGE**

YEAR 3: **MIA**

YEAR 4: **CHLOE**

YEAR 5: **JACK**

YEAR 6: **AMELIA**

SCHOOL LUNCH MENU

(Current Spring and
Summer Menu)

WC 19/10/19
WEEK 2

Happy Birthday

SADIE
JAMES
SHRIYA

Longsands Values

RECEPTION: **JIA**

YEAR 1: **HASINI**

YEAR 2: **ARIA**

YEAR 3: **EVIE**

YEAR 4: **ELOISE**





YEAR 5: **MAX**

YEAR 6: **TOBY**





YEAR 3 NATURE & STONE AGE ACTIVITIES

On Wednesday 21st and Thursday 22nd October, Year 3 will be taking part in lots of outdoor activities – weather permitting! Please could your child bring a pair of wellies or sturdy trainers to school, and a change of socks and footwear. Gloves and hats would also be a good idea, but please make sure all items have names on. The children may wear their outdoor PE kit as normal, but this may get a little dirty from the activities.

COVID-19 (coronavirus) absence: A quick guide for parents / carers

What to do if...	Action needed	Back to school...
 <p>...my child has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Child should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	<p>...when child's test comes back negative provided they have been fever free for the 48 hours before returning to school, and feel well</p>
 <p>...my child tests positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) • Inform school immediately about test results • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 14 days</i> 	<p>...after 10 days, once child feels better, and has been fever-free for at least 48 hours</p> <p>They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.</p>
 <p>...somebody in my household has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	<p>...when household member test is negative, and child does not have COVID-19 symptoms*</p>
 <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 14 days</i> 	<p>...when child has completed 14 days of self-isolation, even if they test negative during the 14 days</p>

Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

What to do if...	Action needed	Back to school...
 <p>...NHS Test and Trace has identified my child as a 'close contact' of a confirmed COVID-19 (coronavirus) case</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too 	<p>...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
 <p>...we / my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> • Do not take unauthorised leave in term time • Consider quarantine requirements and FCO advice when booking travel • Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days – even if they test negative during those 14 days 	<p>...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p>
 <p>...we have received advice from a medical / official source that my child must resume shielding</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Contact school as advised by attendance officer / pastoral team • Child should shield until you are informed that restrictions are lifted and shielding is paused again 	<p>...when school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>
 <p>....I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> • Only people with symptoms* need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive 	<p>...when conditions above, as matching your situation, are met</p>

If anyone in your household has symptoms*, book a free COVID-19 test at nhs.uk/coronavirus or call 119

For further information visit gov.uk/backtoschool

Common questions about the Children's Flu Vaccination

Why should children have the flu vaccine?

Flu is a viral infection and a potentially serious disease. It affects the lungs and airways. Symptoms appear quickly and can include fever, cough, sore throat, aching muscles and joints. In children complications of flu can include pneumonia and bronchitis which can become severe.

What are the benefits of the vaccine?

Having the vaccine will help protect your child from what can be a very nasty illness and will also reduce the chance of others in your family getting it. It can help you avoid having to take time out because you are ill or to look after your sick child.

How will the vaccine be given?

For most children, it is given as a nasal spray.

Who will give my child their flu vaccination?

Specially trained healthcare staff will give your child the flu vaccination. In some cases, older children may be given the option to give the vaccine to themselves, under the supervision of the healthcare team.

How does the nasal vaccine work?

The nasal vaccine contains viruses that have been weakened to prevent them from causing flu but will help your child to build up immunity, so that when your child comes into contact with the flu virus they are unlikely to get ill.

Are there any side effects of the vaccine?

Side effects are uncommon but may include a runny or blocked nose, headache, general tiredness and some loss of appetite. The vaccine is absorbed quickly in the nose so, even if your child sneezes immediately after having had the spray, there's no need to worry that it hasn't worked.

Are there any children who shouldn't have the nasal vaccine?

Children should not have the nasal vaccine if they:

- are severely asthmatic, i.e. being treated with oral steroids or high dose inhaled steroids.
- are severely immuno compromised.

What products are used in the vaccine?

Vaccines may contain minute traces of animal products and other components. If you have any concerns about the contents of the vaccines you can find more information at:

www.gov.uk/government/news/vaccines-and-gelatine-phe-response



BE A FLU DETECTIVE

Find the Clues for Staying Healthy
During Flu Season!

We need your child's help!

Are you ready to be a flu detective
like Detective Dan?

Can you find all the ways to help keep you healthy
during flu season? Circle the answers below.

1. Getting a flu vaccine every year
2. Covering your mouth with a tissue when you cough
3. Eating healthy food
4. Staying up late
5. Getting enough sleep
6. Riding your bike
7. Sharing your food and drink with friends
8. Playing on the playground
9. Covering your nose with a tissue when you sneeze
10. Going over to your friend's house,
even though you feel sick
11. Washing your hands with warm, soapy water
or using hand sanitizer
12. Using someone else's sleeve to cover your
nose and mouth

Great Job, Flu Detective!

Help your friends and family avoid getting sick by
teaching them these important healthy habits!

It's Not 'JUST' the Flu - It's a Serious Disease!
Get Your Flu Vaccine Today!

For more information please visit
www.sharegoodtimesnotflu.co.uk
or visit our facebook page
Intrahealth Immunisations