

#### **LONGSANDS LINK – 23rd October 2020**

### Mrs McKeown's Message

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Mrs McKeown

visit all the scarecrows around Longsands.

There will be over 40 to see. Make sure

you do not miss any of them by

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Have a lovely break.

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Mrs McKeown can be contacted during the holidays at:

head@longsands.lancsngfl.ac.uk

if any children or parents test positive for Corona Virus, <u>but you will also need to</u> <u>inform the School Health Support Team</u> as detailed below.

Lancashire County Council have asked for the message below to be passed to parents. There is still a strong likelihood that numbers of staff and pupils may test positive within the first 48 hours of the half term holiday. With still needing to collate infection information, and advising close contacts of risk, if you or your family have any confirmed cases of COVID-19, that you contact the School Health Support Team on **01772 531555** so that details such as name and school of confirmed cases can be provided. If preferred, you can also email details to the Covid19 Education Inbox using the email link below:

### COVID19 Email Address

Thank you

#### **APPLY FOR A SCHOOL PLACE!**

The Local Authority's shared campaign with schools to reduce the number of late applicants for 2021 admissions is well underway. Their research clearly pointed to the fact that primary school support and assistance to families was a key factor to on-time applications.

**Current Year 6 pupils** who are due to transfer to high school in September 2021 need to apply by <u>11.59pm</u> on the statutory closing date of **31st October 2020.** 

### Children who are due to to start Reception

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### HALF TERM Today we finished for the half

term holiday. We return back to school on **Monday**2<sup>nd</sup> **November**. If there are any changes to this from the Government, we will of course keep you updated

## DON'T MISS THE FLU VACCINE DEADLINE.

#### **NASAL FLU IMMUNISATIONS**

Children in Reception through to Year 6 have the opportunity to have their nasal flu vaccination in school. If you would like your child to take part, please click on the link below and complete the online registration forms:

#### Click here for Online Flu Form

We have attached a fact sheet to this newsletter, but if you wish to discuss anything with the Intrahealth Immunisation Team please call **0333 3582 397**.

This online link will only be open until 29th October.

Don't delay, do it today!

#### **NEW LUNCH MENU**

The new Autumn and Winter lunch menu will begin after half term. If you have not yet returned your completed menu, please would you return this as soon as possible. If your child does want a school dinner and has not brought back their new menu, although the kitchen will try their best to accommodate all lunch choices, they may have to offer what they have available instead. In these circumstances obviously dietary requirements will be taken into consideration.

## BEDS FOR SALE (LOCAL AREA)

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#### **SCHOOL LUNCH MENU**

(New Autumn and Winter Menu)

WC 02/11/20

WEEK 1

## REMINDER OF KS1 CLASS BUBBLE TIMES

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# **Pupils of the Week**

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YEAR 1: HARRY
YEAR 2: OLIVER
YEAR 3: HUMEIRA
YEAR 4: SAM
YEAR 5: KARTIK
YEAR 6: KINZA

# Happy Birthday

KANE, ROCCO, NOAH, OLIVIA, HOLLY, JAYLA, SAIMA and ZAK

# **Longsands Values**

RECEPTION: SADIE

YEAR 1: AVA
YEAR 2: AMELIA
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If you would like your child to have milk in school after half term, this will need to be ordered directly with them at **www.coolmilk.com** by

5.00pm on Tuesday 27<sup>th</sup>
October. If your order is after
this deadline, your milk will start
the following week.

### Common questions about the Children's Flu Vaccination

#### Why should children have the flu vaccine?

Flu is a viral infection and a potentially serious disease. It affects the lungs and airways. Symptoms appear quickly and can include fever, cough, sore throat, aching muscles and joints. In children complications of flu can include pneumonia and bronchitis which can become severe.

#### What are the benefits of the vaccine?

Having the vaccine will help protect your child from what can be a very nasty illness and will also reduce the chance of others in your family getting it. It can help you avoid having to take time out because you are ill or to look after your sick child.

#### How will the vaccine be given?

For most children, it is given as a nasal spray.

#### Who will give my child their flu vaccination?

Specially trained healthcare staff will give your child the flu vaccination. In some cases, older children may be given the option to give the vaccine to themselves, under the supervision of the healthcare team.

#### How does the nasal vaccine work?

The nasal vaccine contains viruses that have been weakened to prevent them from causing flu but will help your child to build up immunity, so that when your child comes into contact with the flu virus they are unlikely to get ill.

#### Are there any side effects of the vaccine?

Side effects are uncommon but may include a runny or blocked nose, headache, general tiredness and some loss of appetite. The vaccine is absorbed quickly in the nose so, even if your child sneezes immediately after having had the spray, there's no need to worry that it hasn't worked.

## Are there any children who shouldn't have the nasal vaccine?

Children should not have the nasal vaccine if they:

- are severely asthmatic, i.e. being treated with oral steroids or high dose inhaled steroids.
- · are severely immuno compromised.

#### What products are used in the vaccine?

Vaccines may contain minute traces of animal products and other components. If you have any concerns about the contents of the vaccines you can find more information at:

www.gov.uk/government/news/vaccinesand-gelatine-phe-response



### **BE A FLU DETECTIVE**

Find the Clues for Staying Healthy During Flu Season!

### We need your child's help!

Are you ready to be a flu detective like Detective Dan?

Can you find all the ways to help keep you healthy during flu season? Circle the answers below.

- 1. Getting a flu vaccine every year
- 2. Covering your mouth with a tissue when you cough
- 3. Eating healthy food
- 4. Staying up late
- 5. Getting enough sleep
- 6. Riding your bike
- 7. Sharing your food and drink with friends
- 8. Playing on the playground
- 9. Covering your nose with a tissue when you sneeze
- Going over to your friend's house, even though you feel sick
- 11. Washing your hands with warm, soapy water or using hand sanitizer
- 12. Using someone else's sleeve to cover your nose and mouth

#### **Great Job, Flu Detective!**

Help your friends and family avoid getting sick by teaching them these important healthy habits!

It's Not 'JUST ' the Flu - It's a Serious Disease! Get Your Flu Vaccine Today!

For more information please visit www.sharegoodtimesnotflu.co.uk or visit our facebook page Intrahealth Immunisations



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