



## LONGSANDS LINK – 25th June 2021

### SPORTS AFTERNOONS

We mentioned this on last week's newsletter, but we have added this again just as a reminder for parents. As the infection rate is still high and restrictions are still in place to tackle this, Sports Day will be a **closed event this year with no spectators**. Year groups will participate at separate times and will stay in their class bubble. Equipment will be cleaned after each bubble has used it. Sports day will take place from week commencing 28<sup>th</sup> June, with the following week as back up if the weather is not in our favour.

#### These are our proposed dates:

**Reception:** Monday 5<sup>th</sup> July  
**Year 1:** Monday 5<sup>th</sup> July  
**Year 2:** Monday 5<sup>th</sup> July  
**Year 3:** Wednesday 30<sup>th</sup> June  
**Year 4:** Friday 2<sup>nd</sup> July  
**Year 5:** Wednesday 30<sup>th</sup> June  
**Year 6:** Thursday 1<sup>st</sup> July

### PTFA VIRTUAL BALLOON RACE

Don't forget to buy your online balloon for the PTFA's virtual balloon race. Visit [www.balloonrace.com/longsandsptfa](http://www.balloonrace.com/longsandsptfa) (balloons on the left are already in the race - check out the prizes) and click on 'Buy a balloon' they are £3.00 each. You can buy a balloon up until **Thursday 1st July**. From 2nd July to 9th July you can watch on screen (same place) to see how far they travel. Will yours be the winner?  
 Thank you for supporting us.

### EASYFUNDRAISING

Please consider signing up for this to support the PTFA. You use it as a portal to shop online - a few extra clicks and the PTFA receive donations at NO COST to you! [easyfundraising.co.uk](http://easyfundraising.co.uk)

## Happy Birthday

JOSHUA, LILLY, HARRY,  
 MAXWELL, HANNAH, LUCY, ELLIE,  
 TANUSHA and AMELIA.

### SCHOOL LUNCH MENU

WC 28/06/21 - **WEEK 2**

## Pupils of the Week

**RECEPTION:** JIA  
**YEAR 1:** ABDUL  
**YEAR 2:** DAISIE  
**YEAR 3:** JAKE  
**YEAR 4:** SARA  
**YEAR 5:** LEXI  
**YEAR 6:** KIRA

## Mrs McKeown's Message

Thank you to all of you who are continuing to show your support and patience for our ever changing plans. We are still adamant we will make your child's end of year at Longsands as memorable as we can within the restrictions we still have to follow. I understand it may seem as though we are not moving with the gradual lifting of these restrictions especially when you see how many supporters there are at the football matches, but all schools are still having to maintain the strict regime as we did in September. We are all hoping something more manageable is put into place for September so whole bubbles do not have to be closed and children lose their time in school for face to face teaching and socialising with friends. Thinking ahead to September we will soon be starting our transition sessions so here are the teachers who will be in each class.

#### Reception - Mrs Fenton

**Year 1** - Miss Holden

**Year 2** - Mrs Ramalli

**Year 3** - Mr Hudson

**Year 4** - Mrs Barton and Mrs Buck

**Year 5** - Mrs Eaves and Mrs Taylor

**Year 6** - Mrs Worden

Have a lovely weekend and keep in touch.

*Mrs McKeown*

### PARENT GOVERNOR BALLOT

The results of our recent Parent Governor ballot will be announced next week once the winning candidate has been notified.

### DROP OFF AND COLLECTIONS

When dropping off children for Reception, please wait with your child until they have gone into school before leaving. If anyone else will be collecting at hometime please let them know that they need to come into the playground to meet them rather than waiting on the staff car park.

### WHAT A YEAR FOR SPORT!

Under the current circumstances Preston sport has still gone ahead albeit virtually. Longsands entered a total of ten competitions, coming first in seven of them and second in the remaining three - this was no mean feat!! This has meant overall that we are Division 2 Champions. Well done to all of the children who have been involved, you have been superb, every single one of you.  
 Here's to next year..

## Longsands Values

**RECEPTION:** LILY  
**YEAR 1:** MARYAM  
**YEAR 2:** KAYDEN  
**YEAR 3:** ADAM, SAIM, OLLIE & SEBASTIAN  
**YEAR 4:** SORAYA  
**YEAR 5:** FINNLEY  
**YEAR 6:** KINZA

### DATES TO REMEMBER

Sports Clubs are subject to participation numbers being met and the weather, together with current national restrictions. If a club or event cannot take place, we will inform parents as soon as we are aware.

#### MONDAY 28th JUNE

- Spanish Club 3.30pm – 4.30pm
- Year 6 Rugby League Coaching.

#### TUESDAY 29th JUNE

- Rocksteady Music (PM)
- Year 6 Cricket Club 3.20pm – 4.15pm
- PNE Health & Wellbeing Sessions (Y4, Y5, Y6).

#### WEDNESDAY 30th JUNE

- Year 4 Swimming (am)
- Year 1 & Year 2 Dance Sessions with Sally Howard.
- Year 3 & Year 5 Sports Afternoons.

#### THURSDAY 1st JULY

- Year 6 Sports Afternoon
- Year 6 Girls Netball Club 3.20pm – 4.15pm

#### FRIDAY 2nd JULY

- Year 3 Samba (am)
- Year 4 Sports Afternoon

### SPORTS CLUBS

Sports clubs which take place after school unless specified otherwise finish at **4.15pm**.



Our target attendance is 96%.

**RECEPTION:** 98.14%  
**YEAR 1:** 97.17%  
**YEAR 2:** 97.86%  
**YEAR 3:** 96.59%  
**YEAR 4:** 94.56%  
**YEAR 5:** 97.71%  
**YEAR 6:** 95.80%



Longsands C.P. School  
Longsands Lane  
Fulwood  
Preston  
Lancashire  
PR2 9PS

Tel: 01772 795676

Headteacher: Mrs. S. McKeown

## FOR REFERENCE – A COPY OF LETTER ISSUED TO ALL YEAR 4 PARENTS AND CARERS

25th June 2021

### **FOR PARENTS OF CLOSE CONTACTS OF COVID-19 at LONGSANDS C P SCHOOL** **Advice for Child to Self-Isolate for 10 days.**

Dear Parent/Carer of children in Year 4

We have been advised following a Lateral Flow Test today, that there has been a confirmed case of COVID-19 within Year 4.

We have followed the national guidance and have identified that your child has been in close contact with the affected person. In line with this guidance we recommend that your child should now **stay at home** and **self-isolate** until **Sunday 4<sup>th</sup> July 2021**.

However, a full PCR test has been requested and self isolation will be in force until these results are received. If the PCR test is negative, and your child is showing no symptoms, then the Year 4 bubble will be allowed to return to school before 4<sup>th</sup> July. We will keep you fully updated, and please check your text messages regularly.

We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

If your child is well at the end of the 10 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person.

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10 day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

### **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

### **For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

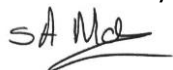
*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



**MRS S MCKEOWN**  
**HEADTEACHER**



Longsands C.P. School  
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PR2 9PS

Tel: 01772 795676

Headteacher: Mrs. S. McKeown

**FOR REFERENCE – A COPY OF THE LETTER ISSUED TO PARENTS AND CARERS IN RECEPTION, YEAR 1, YEAR 2, YEAR 3, YEAR 5 and YEAR 6**

25<sup>th</sup> June 2021

Dear Parents of Reception, Year 1, Year 2, Year 3, Year 5 & Year 6

We have been advised that following a routine Lateral Flow Test that there has been a confirmed case of COVID-19 within the school but not in your child's class.

We know that you may find this concerning but we are continuing to monitor the situation and work closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The small number of children who have been in direct prolonged contact with the confirmed case will have received an individual letter and will be staying at home for 10 days.

The school remains open and your child should continue to attend if they remain well.

**What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

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Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

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### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
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**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

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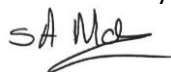
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- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



**MRS S MCKEOWN**  
**HEADTEACHER**



LONGSANDS CP SCHOOL PTFA

# VIRTUAL BALLOON RACE

**STARTS: Friday 2nd July 2021 at 12pm**

**ENDS: Friday 9th July 2021 at 12pm**

## ROLL UP, ROLL UP

**BUY YOUR BALLOON WITH A CLICK OF A BUTTON  
AND SEE IF IT CAN WIN THE RACE!**

**Each balloon costs £3**

**A whole week of fun to see how far all the balloons travel  
London, Paris, Egypt?**

**Prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place**

**A class balloon will win a cash prize!**

**Join in the fun and help us raise some money  
for future projects**

## How to enter

Visit [www.balloonrace.com/longsandsptfa](http://www.balloonrace.com/longsandsptfa) then click on  
'Buy a Balloon' in the top right corner

Or go direct here '[Buy a Balloon](#)'

You can choose a nickname and colour for your balloon  
Pay £3 and you have your very own balloon for the race!

**Parentkind**  
Member Association