LONGSANDS LINK – 8th October 2021

Mrs McKeown's Message

From Monday, the KS2 children can come straight onto their playground before school starts. Please only drop off your child 5 minutes before the school day starts at 8.55am. At the end of the day, the KS2 children will continue to leave via the front door (Years 3 and 4), or via the KS2 door (Years 5 and 6). Reception and Key Stage 1 children will continue to enter via the path near Bluebells nursery and once you have dropped off please exit via the large gate. For those children who are absent from school for illness or family holidays during term time the teachers will not be setting any online learning. The only activities set will be the usual homework and class information. If you have any problems accessing Seesaw or ParentPay please contact school for extra help. Please find attached a reminder of our first aid procedures in school.
Thank you for your support.
Have a lovely weekend and stay in touch.

Mrs McKeown

NASAL FLU VACCINATIONS
Don't Miss The Deadline!!

The Intrahealth Team will be in school on **Friday 5th November** to administer nasal flu vaccines to the children in Reception through to Year 6 who have provided consent. In order to receive a nasal flu vaccine at school, you must click the link below to complete an online consent form. *The cut off date for this is **Tuesday 26th October***, and after this time the online consent facility will close. If your child has already had the nasal flu vaccine since September 2021, you do not need to have this done again. If you have any problems accessing the link please telephone Intrahealth directly on **0333 358 3397** and select **Option 3**.

CLICK HERE - ONLINE CONSENT FORM

YEAR 4 – ANCIENT GREEK DAY

Year 4 will be having their Ancient Greek Day on Monday, delivered by Imagining History. Payments for this should be made via Parent Pay, and children will wear their normal school uniform.

FREE SCHOOL MEALS
CLICK HERE TO APPLY

If you think that you may be entitled to receive the benefit for Free School Meals, please apply online by clicking the above link, by telephoning **01772 532109** (Monday to Friday, 9.00am – 5.00pm) or by emailing the Local Education Office at **FSM.South@lancashire.gov.uk**
This is different to the 'Universal Free School Meals' that children in Reception, Year 1 and Year 2 receive. It is always worth applying just in case you do make the criteria, and as well as being entitled to free school meals all the way through school, you will also be entitled to free school milk (you will just need to mention this when ordering from Cool Milk). Even if your child would still like to bring a packed lunch each day this is fine, but by having the free school meal eligibility, school will receive extra Pupil Premium Funding which will make a big difference to us.

ADMISSION TO SECONDARY SCHOOL SEPTEMBER 2022

If your child is in Year 6, it is now time to apply for their place in High School. You must still make an application even if they have a brother or sister at your chosen school. Applications should be made online to Lancashire County Council at **HIGH SCHOOLS - APPLY HERE**
The deadline for all applications is 11.59pm on **31st October 2021**

ADMISSIONS TO PRIMARY SCHOOL SEPTEMBER 2022

If you have a child who has their 4th birthday between 1st September 2021 and 31st August 2022, you must now apply for their place in Primary School. You still need to make an application even if they have a brother or sister at your chosen school. Applications should be made online to Lancashire County Council at **APPLY HERE**
It is quick and easy to do, and you will receive an email confirmation of your application. The deadline for all September 2022 applications is 11.59pm on **15th January 2022.**

REMEMBER TO WASH HANDS REGULARLY.

Dates to Remember

MONDAY 11th OCTOBER
- Year 4 Ancient Greek Day.
- Spanish Club Finished

TUESDAY 12th OCTOBER
- Rocksteady Music
- Year 4 Mini Skills
- Year 5 & 6 Netball 3.20pm to 4.15pm

WEDNESDAY 13th OCTOBER
- PNE Gymnastics
- Year 5 & 6 Football 3.20pm to 4.15pm
- Year 4 Multi Skills Club 3.20pm.

FRIDAY 15th OCTOBER
- Year 3 Samba

Happy Birthday

IQBAL, LILY and JASPER

Pupils of the Week

RECEPTION: HARPER
YEAR 1: BEA
YEAR 2: NOAH
YEAR 3: ROMAN
YEAR 4: GEORGE
YEAR 5: DHRUV
YEAR 6: RIDA

Longsands Values

RECEPTION: ADAM
YEAR 1: RADHA
YEAR 2: KAYA
YEAR 3: MIA
YEAR 4: LILY
YEAR 5: ALL OF YEAR 5
YEAR 6: KARTIK

PTFA SCARECROW TRAIL

If you would like to make a scarecrow for our trail this year, please email **longsandsptfa@gmail.com** by **Wednesday 13th October**. Please see more information on the flyer attached. Get ready to try and find them all!

FIRST AIDERS

These are members of staff in school who are first aiders:
Mrs Fenton, Mrs Wrigley, Miss Holden, Mrs Tipping, Mrs Bamber, Mrs Ramalli, Mr Hudson, Mrs Oldfield, Mrs Barton, Mrs Buck, Mrs Eaves, Mrs Taylor, Mrs Worden, Mrs Calvert, Mrs Flanders, Mrs Anderson and Mrs Blackburn.

HAND, FOOT AND MOUTH

Please take a read of the newsletter that we have received from Lancashire county Council regarding Hand, Foot and Mouth Disease.

PTFA CARD DESIGN PROJECT

Thank you to all those who have ordered something from our card design project. You support is much appreciated. We will hopefully have our order delivered before the end of half term this year, just in time for the big celebrations coming up.

SQUID GAME

Please keep a track of what your children are potentially at risk of viewing when online. Squid Game describes the South Korean drama series on Netflix, which is inappropriate viewing for Primary aged children. If your child has access to a social media account such as TikTok, or access to a Netflix account without viewing restrictions in place they could see disturbing and inappropriate graphic images and scenes. Here are a couple of links with more information, please click to view:

Parent Information - Link 1
Parent Information - Link 2

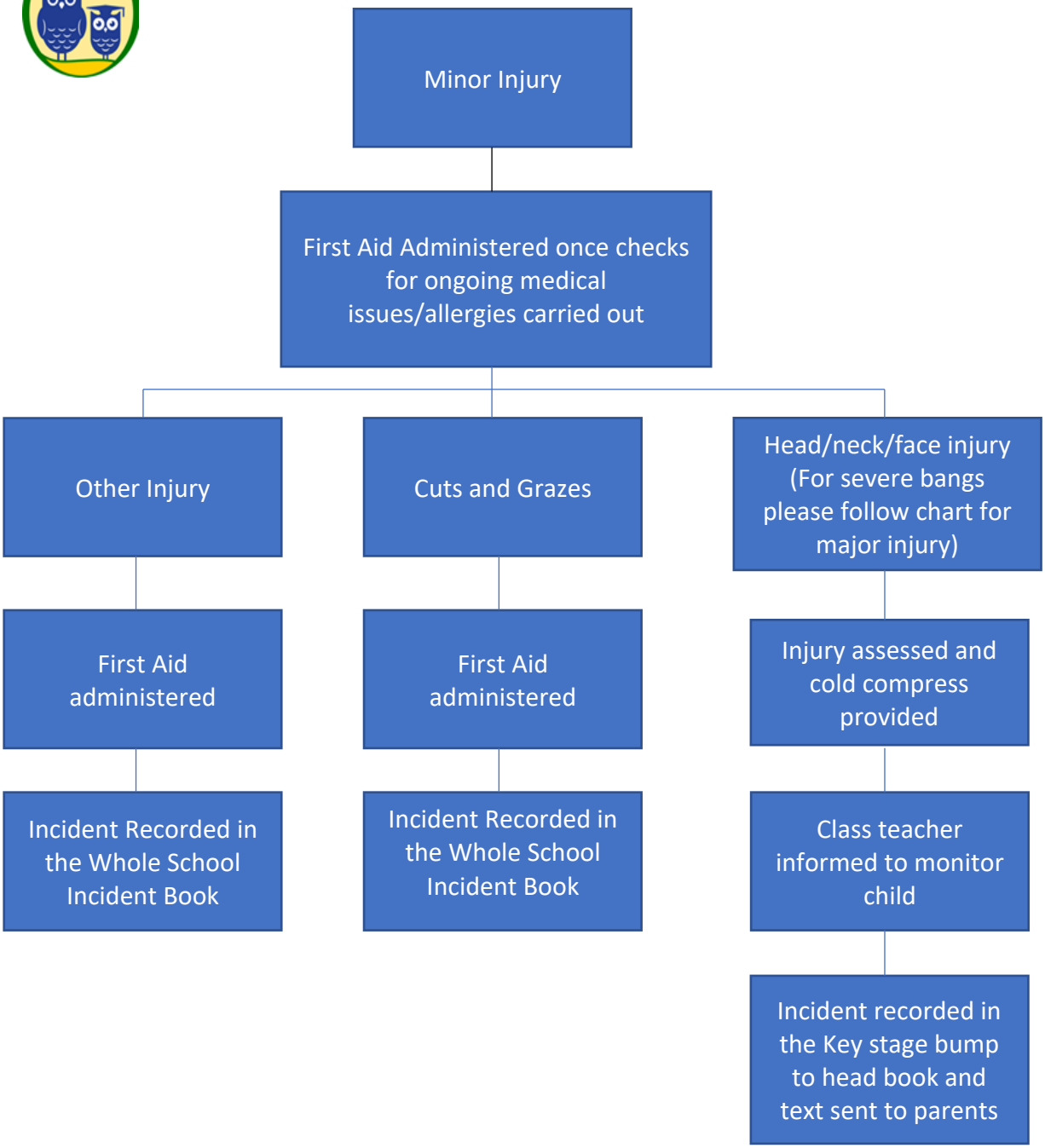
REGULAR COVID TESTING

At school we are taking a number of measures to prevent the spread of Corona Virus including:

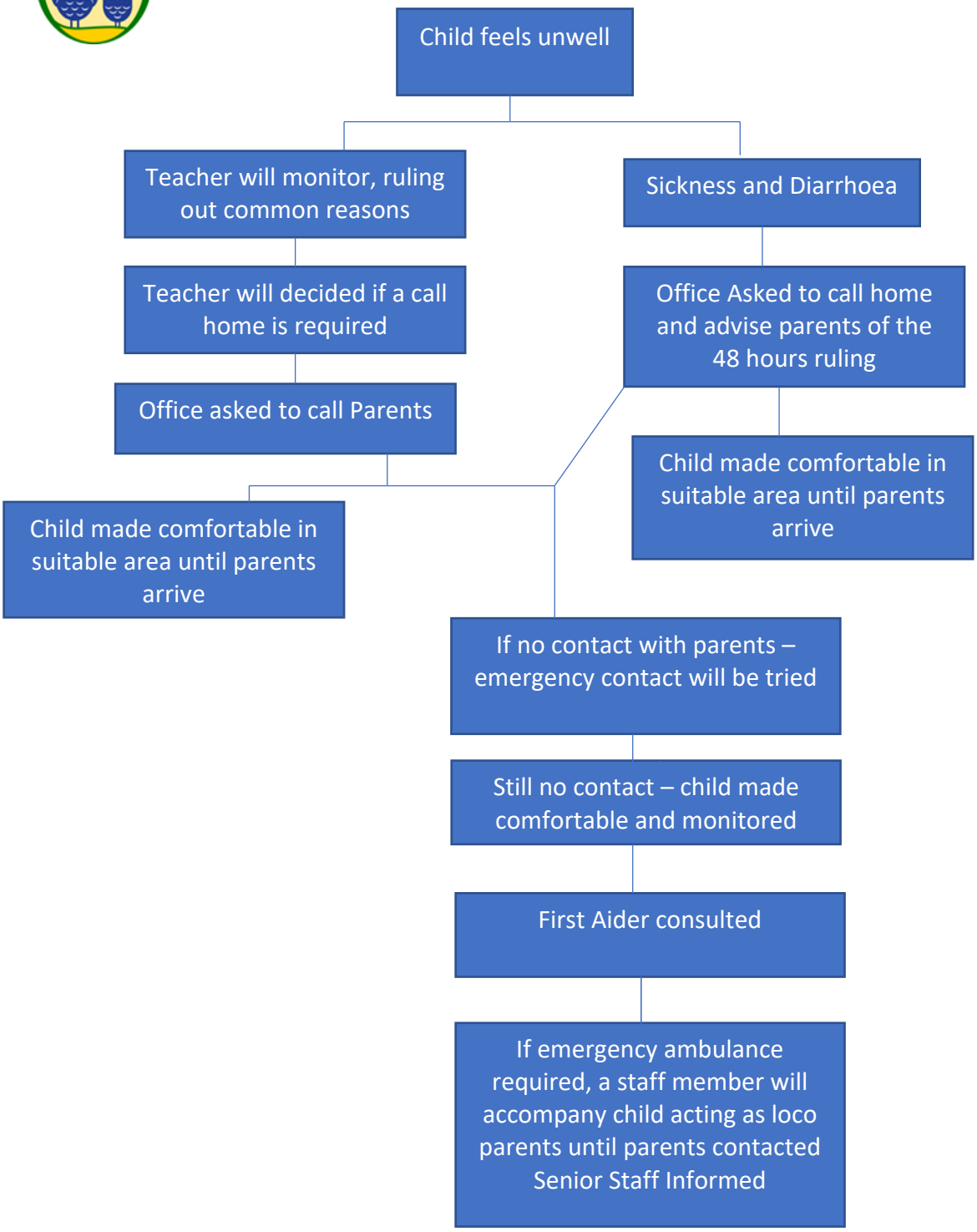
- Encouraging all staff to test regularly.
- Ensuring staff and children practice good hygiene
- Making sure our spaces are well ventilated
- Encouraging members of our community to book a PCR test should they develop symptoms.

It would be of great benefit if children were regularly tested each week and results reported through to the NHS app. Testing kits are still readily available from these sites:

CLICK HERE FOR LFT KIT SUPPLIERS


Minor Injury
First Aid Administered once checks for ongoing medical issues/allergies carried out
Other Injury
Cuts and Grazes
Head/neck/face injury (For severe bangs please follow chart for major injury)
First Aid administered
First Aid administered
Injury assessed and cold compress provided
Incident Recorded in the Whole School Incident Book
Incident Recorded in the Whole School Incident Book
Class teacher informed to monitor child
Incident recorded in the Key stage bump to head book and text sent to parents

Child involved in major accident/incident
First Aider to assess situation Senior Staff notified
Whole school incident book to be completed at earliest opportunity
Child needs to go to hospital
Child needs to go home
Parents to be contacted
Ambulance called
First Aid administered by First Aider
Parents Contacted
If no contact made with parents – emergency contacts will be tried
Child accompanied by parent/ member of staff. If staff, the signed medical consent form will be taken so that they can give consent for any emergency treatment
Child made comfortable under close supervision
If no contact made with parents – emergency contacts will be tried
If still no contact made a member of staff will accompany child and act as Loco Parentis
RIDDOR form completed and LCC reporting procedure followed
LCC report to HSE where necessary
Accident Investigation carried out


Child feels unwell
Teacher will monitor, ruling out common reasons
Sickness and Diarrhoea
Teacher will decided if a call home is required
Office Asked to call home and advise parents of the 48 hours ruling
Office asked to call Parents
Child made comfortable in suitable area until parents arrive
Child made comfortable in suitable area until parents arrive
If no contact with parents – emergency contact will be tried
Still no contact – child made comfortable and monitored
First Aider consulted
If emergency ambulance required, a staff member will accompany child acting as loco parents until parents contacted Senior Staff Informed

Longsands CP School PTFA

SCARECROW TRAIL

BACK BY POPULAR DEMAND!

Saturday 23rd – Sunday 31st October 2021

Tell us by **Wednesday 13th October** if you would like to make a scarecrow for the trail by emailing **longsandsptfa@gmail.com**

Follow the trail any time over the week.
Take a torch if you go in the dark!

The scarecrows have clues that make a message! Send your answer to the email above by **Monday 1st November.** You could win a **prize**!

All proceeds go to Longsands CP School PTFA (registered charity 1073250)

Maps available to buy from **Saturday 23rd October** for **£2 each** at **Tesco Fulwood** or **Online** at www.pta-events.co.uk/longsandsptfa Click our Trail link in the Whats On section

LONGSANDS COMMUNITY PRIMARY SCHOOL

I'm hosting an

Afternoon Tea Fundraiser

Saturday 9th October 2021

1.30pm to 5pm

Come along to the Millennium Hall for a slice of cake
and a coffee and help raise money for a great cause.
Bring your friends too...

COFFEE, CAKE AND COMPANY

If you'd like to bake or donate, please contact

Rita - 07971 271411

Millennium Hall
Neapsands Close
Longsands
Preston
PR2 9AQ

WORLD'S BIGGEST COFFEE MORNING

MACMILLAN CANCER SUPPORT

IPC Newsletter

A learning and training resource

Hand, foot, and mouth disease

Hand, foot, and mouth disease is a common childhood viral illness. It causes blisters on the hands and feet, and ulcers in the mouth. It can be unpleasant; however, it is generally mild, and most people recover within a week or two. Although most common in children under 10, especially those under four, people of any age can get it, including adults. In the UK, it's most common in the late summer and early autumn.

Please Note: - Hand, foot, and mouth disease has no relation to foot and mouth disease, which only affects cattle, sheep, and pigs.

The virus can start to spread before you have any symptoms, but you're most likely to spread it to others in the first 5 days after symptoms start. You can be infectious for a few days before the rash appears, which makes the spread of the infection hard to control. Symptoms usually start 3 – 5 days after contact with someone with the virus. These symptoms usually last for between 7 to 10 days.

There is no specific treatment however there are measures to ease symptoms and discomfort.

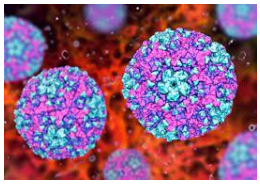
Symptoms (the first signs can be)

- A sore throat
- A high temperature
- Not wanting to eat
- After a few days mouth ulcers and a rash will appear

How to manage symptoms

- Drink fluids to prevent dehydration – but avoid anything acidic as this may irritate the mouth ulcers.
- Eat soft foods like yoghurt – avoid hot and spicy foods.
- Take Paracetamol or Ibuprofen as prescribed to help ease a sore mouth or throat

Your local pharmacy team will be able to offer advice on over the counter treatments available.
Seek advice from your local GP if:



- Your symptoms or your child's symptoms do not improve after 7 to 10 days
- You or your child has a very high temperature over 38˚C, or feels hot and shivery
- Your child is dehydrated – they're not passing urine as often as usual
- You're pregnant and get hand, foot and mouth disease
- If your pregnant and near your delivery date you should avoid contact with children with hand foot and mouth if possible.

Effective hand washing, respiratory hygiene and cleaning are essential in reducing the spread!

To reduce the risk of spreading hand, foot and mouth disease:

- Wash your hands often with soap and water – and children's hands too
- Use tissues to trap germs when you cough or sneeze, throw away used tissues as quickly as possible
- Do not share towels or household items like cups or cutlery
- Wash soiled bedding and clothing on a hot wash

Staying off school or nursery

The advice to schools, nurseries and parents is that children may attend school or nursery when they feel well enough as keeping children off school/nursery for longer than this is unlikely to stop the virus spreading. There's no need to wait until all the blisters have healed. Please contact your school or nursery if your child is showing symptoms of hand, foot & mouth and follow the schools' individual policies and procedures.

Resources available

Hand, foot and mouth disease - NHS (www.nhs.uk)
Please tweet us at: LancsIPC https://twitter.com/lancsipc
Email us at:- infectionprevention@lancashire.gov.uk

Blackburn with Darwen Borough Council

Lancashire County Council

'Apps' are designed to run on certain devices and are written for a specific operating system, such as Apple iOS, Windows, or Android. The official store for the Apple iOS operating system is known as the 'App Store' and it's where you can browse and download more than 2 million apps and games to use on the iPad, iPhone, iPod Touch and other Apple devices. When your children are using the app store, you need to be aware of the risks...

What parents need to know about The App Store

IS YOUR CHILD 13+?

To download and buy apps from the App Store, your child will need an Apple ID. If they have used other Apple services, such as iCloud, they can sign into the App Store with the same Apple ID. If they are aged 13 and under, they cannot sign up for an Apple ID on their own, but an adult can create an Apple ID for a child.

IN-APP PURCHASES

Apps are either free, paid-for or free with in-app purchases. In-app purchases are optional transactions that can unlock extra functionality, virtual goods or unique content. Unless you change the settings, once your child has entered a password to make an in-app purchase, they can make additional purchases for 15 minutes without re-entering a password. This makes it extremely easy for children to accidentally run up huge bills.

LOOKALIKE APPS

Some developers release apps that copy the functionality, user interface and even product names and branding of popular apps, in an attempt to trick unsuspecting users to install them. By downloading an app from an unknown developer, your child could find their device compromised. Experts warn that through app permissions, hackers can potentially take photos using the camera and access media remotely, track your child's location, record any passwords they enter for other accounts, and send text messages from phones.

INAPPROPRIATE APPS

Some apps and games have content that is unsuitable for younger children – even the most popular or innocuous looking apps may feature adult-themed content, violence or cruelty to other people or animals, unmoderated chat, pornographic or sexual content.

THIRD-PARTY APP STORES

Because the official Apple App Store has a very stringent policy about what apps it approves, children may look elsewhere for apps and games they've heard about from friends. As well as the Apple App Store for iOS, there are hundreds of other third-party app stores, but the danger is they may not apply the same level of scrutiny toward the apps they allow to be listed. There's a higher chance of apps that infect devices with malicious codes or put user privacy at risk by extracting sensitive information.

Top Tips for Parents

CREATE YOUR CHILD'S ACCOUNT

You can create an Apple ID for a child under 13 and add them to your family group to keep an eye on their activity. Go to Settings > [your name] > Family Sharing > Add Family Member > Create a Child Account > Next. Enter your child's birthday and tap Next. Review the Parent Privacy Disclosure and tap Agree. With Family Sharing, you can add up to six family members to share App Store purchases, as well as iTunes and Apple Books.

SWITCH ON 'ASK TO BUY'

If you have a child that is over 13 years of age and has their own Apple account, make sure that you only allow them to make purchases with gift cards. You can also activate the 'Ask to Buy' feature if you are using Family Sharing, so that whenever a family member who isn't an adult initiates a new purchase, a request goes to the account organiser. You can also limit what content your child can access on the devices they use.

RESTRICT IN-APP PURCHASES

You can restrict your child's ability to make in-app purchases. On an iOS device, open Settings, tap General and then Restrictions. Tap 'Enable Restrictions'. You can put a limitation that requires a password every time there is a purchase made in the App Store or iTunes Store.

BROWSE APPS BY AGE

To find apps and games that are right for your children, check the age ratings. On an iPhone or iPod Touch, this can be found in the information section on an app's product page, and on an iPad or desktop, the age range is near the Buy button. On the Kids page, you can find apps for age ranges, including 5 and under, 6 to 8, and 9 to 11.

AVOID OTHER APP STORES

Put a rule in place that your child can only use the official App Store to download apps and games. Explain why it is wise to only install applications from a trusted source to ensure their device is not affected by security issues or virus attacks.

HOW TO KNOW AN APP IS SAFE TO INSTALL

Advise your child that just because they're downloading an app from an official store, it doesn't make it safe. Fake or copycat apps will often include misspelt words and poor grammar, so always read the app description, and double check the developer name and title for warning signs. Be wary of apps that come with a long list of permission requests. Check the app's reviews and ratings – one star, one-line reviews complaining that an app didn't work on a certain device, or that there was a billing issue, is not a good indication.

SPOT FAKE REVIEWS

When checking the customer reviews within the app store, make sure they aren't vague and generic, or overly effusive, as some developers will try to manipulate their apps' positions by posting fake ratings and reviews. Check the number of downloads the app claims to have – the higher the number, the more likely it is to be safe. Your child can also check on a company's website to see if the app is available on there.

National Online Safety

A whole school community approach to online safety

www.nationalonlinesafety.com

Email us at hello@nationalonlinesafety.com or call us on 0800 368 8061

SOURCES: https://www.engadget.com/2017/12/18/fake-cuphead-itunes/ & https://mashable.com/2017/11/06/fake-whatsapp-app-google-play-store-android/?europe=true

Parents' guide:

Gaming advice to support pre-teens

internet matters.org

What to think about:

Ways games can benefit children

If your child is a keen gamer, **steer them towards games that will help them to develop life skills** like problem-solving or supplement their learning.

Be aware of game content and themes

It's important to **stay on top of what themes are featured in the games** they play so that you can be aware of how these might influence their view of the real world.

What to talk about

Discuss what they enjoy playing

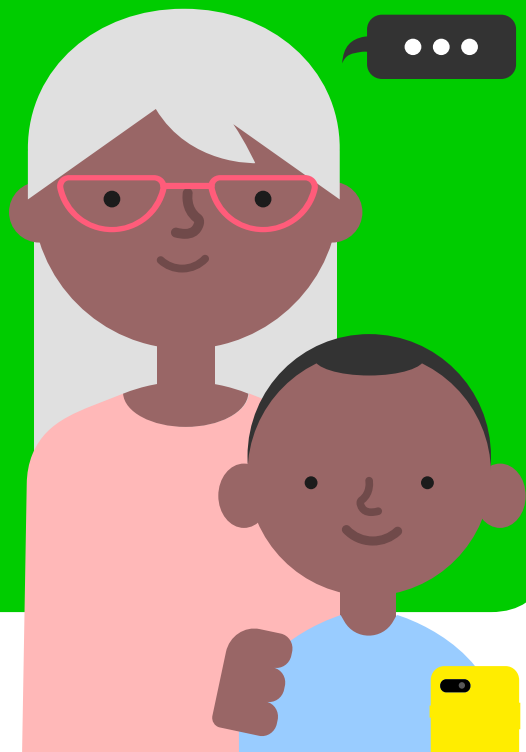
Have regular conversations about the games they play so you can create an environment where they feel they can come to you if something goes wrong.

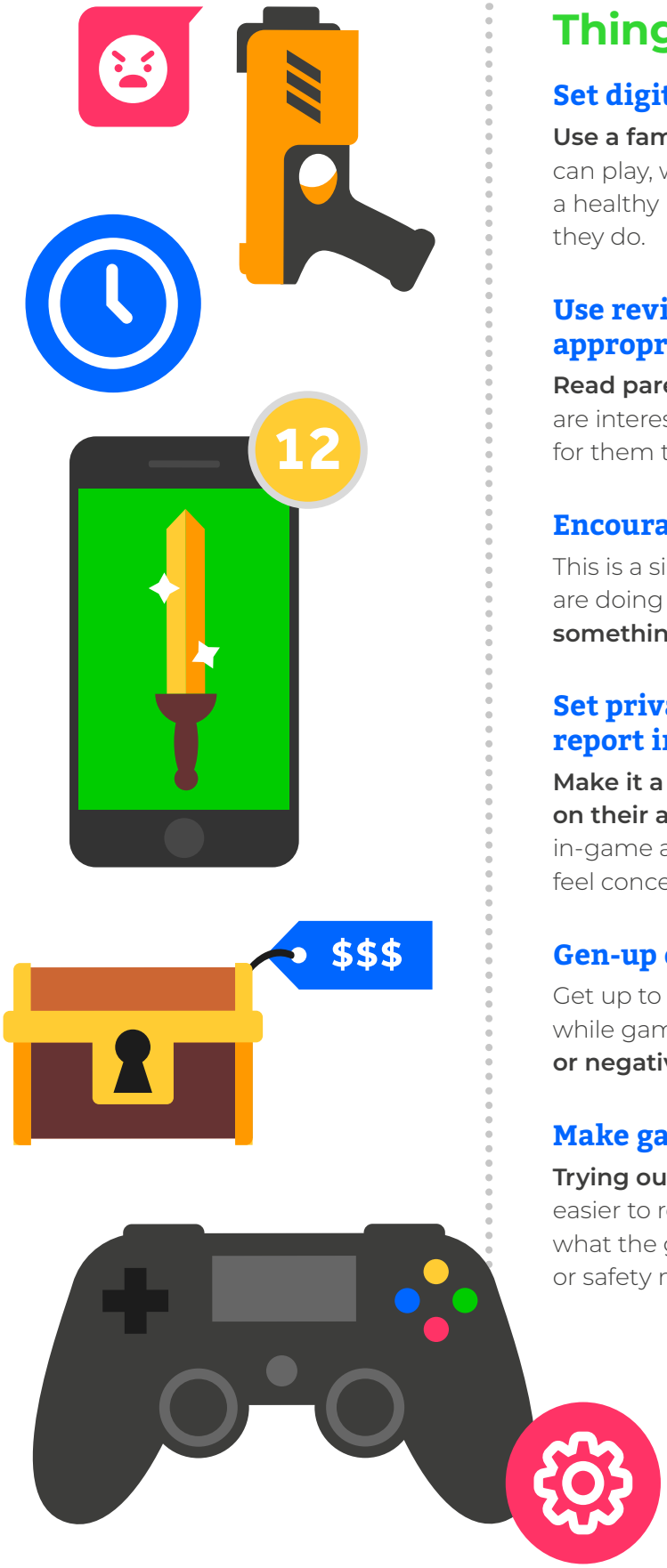
Talk about potential risks

Help them understand the **importance of keeping personal details private** and tell them that not everyone online is who they say they are.

How to cope when things go wrong

If they see something that upsets them or are targeted by another player in a game, it's important to talk about how to handle this situation. **Advise them to come and talk to you or a trusted adult for support.**





Things to do

Set digital boundaries

Use a family agreement to set rules on what they can play, when and how long for to help them strike a healthy balance between gaming other activities they do.

Use reviews and sites to pick appropriate games

Read parents and expert reviews of games they are interested in to help you choose the right games for them to play.

Encourage them to play in shared spaces

This is a simple way to stay engaged in what they are doing while gaming and **step in if you feel something's not quite right.**

Set privacy settings and learn how to report in-game abuse

Make it a habit to review their privacy settings on their account and teach them where to report in-game abuse so they can take action if they feel concerned.

Gen-up on the lingo

Get up to speed on how players communicate while gaming to **spot the signs of cyberbullying or negative behaviour.**

Make gaming a family affair

Trying out new games with children makes it easier to relate and can give you a better sense of what the game is about and prompt conversation or safety measures to help them stay safe.