



LONGSANDS LINK – 14th January 2022

WELCOME BACK!

SAT's REVISION BOOKS

The children in Year 6 will have brought home a letter last week regarding SAT's revision books. These can now be ordered via ParentPay. If you have any queries about which books you may wish to order please contact Mrs Worden for advice.

DANCE CLUB

Further to the text message sent out this week regarding the Reception, Year 1 and Year 2 breakfast club, (which was originally distributed on the Longsands Link on 16th December), here are the revised dates.

Week 1: Friday 21st January (8.00am-8.45am)
Week 2: Friday 28th January (8.00am-8.45am)
Week 3: Friday 4th February (8.00am-8.45am)
Week 4: Friday 11th February (8.00am-8.45am)
Week 5: Friday 25th February (8.00am-8.45am)

If Friday is not your child's PE day, please come dressed in something comfortable such as a tshirt, trainers and tracksuit bottoms/leggings. Please ensure though that for those who are not having PE, that you bring your school uniform and shoes to change into before going straight into class afterwards. The cost of the club is £25, please send in the correct money in a clearly marked and sealed envelope. We have attached a copy of the letter to this newsletter, and additional copies are available in the main entrance.

NHS 119 SERVICE

The NHS 119 service can be telephoned to obtain advice on all Covid related issues as well as booking vaccinations and reporting test results. Here is a link to the website with more information:

NHS 119 WEBSITE - CLICK TO VIEW

ROCKSTEADY MUSIC

Rocksteady music have asked us to share the following video with Parents to show you what they do and to give an insight for anyone who may wish to join the lessons each Tuesday.

ROCKSTEADY MUSIC VIDEO - CLICK TO VIEW

Their contact details should you wish to contact them are:

Tel: 0330 113 0330

Email: info@rocksteadymusicschool.com

Mrs McKeown's Message

Happy New Year! The beginning of the Spring term and hopefully lighter mornings and nights will be with us soon. Thank you to everyone who contacted me over the break to keep me updated on positive Covid cases. I can see a number of you had your family time disrupted and had to delay celebrations. Just a gentle reminder to continue to keep in touch with me with any more positive results in your household. This can be done via Seesaw, email and I am also at the front of school each drop off and pick up time. We are keeping to the ventilation advice and guidelines so it can be chilly in school. Children can wear extra under layers and their PE hoodies on usual uniform days. If anyone is still struggling to access Seesaw, please do not hesitate to contact your child's teacher. Seesaw has a good deal of class information on it that will help you with PE days and anything that needs to be brought in. It is lovely to see parental comments when you receive photos of your child engaged in their learning. One parent posted "Great photos! This looks so much fun." another one said, "well done boys lovely to see." Have a lovely weekend and keep in touch.

Mrs McKeown

YEAR 1 HEARING TESTS

The children in Year 1 will have this week received a letter from the Children's Hearing Assessment Service based at Fulwood Clinic regarding a hearing test. Please complete and return your consent slip next week. If you have misplaced your letter, there are copies in the main entrance.

YEAR 4 – SWIMMING

Next week will be the start of Year 4's two week block of daily swimming lessons at Fulwood Leisure Centre. It is vitally important that you arrive on time, as the bus will be leaving school at approximately **9.30am**. Don't forget to bring your swimming kit with you each day and a spare carrier bag to put your wet clothes inside. It often helps speed up the changing process to put your swimming costume/shorts on in the morning under your uniform. However, don't forget to pack your underwear for the way back!

MONDAY 17th JANUARY

- Year 4 Swimming (am)

TUESDAY 18th JANUARY

- Year 4 Swimming (am)
- Rocksteady Music
- Girl's Netball Year 5 & 6

WEDNESDAY 19th JANUARY

- PNE Gymnastics
- Year 4 Swimming (am)

THURSDAY 20th JANUARY

- Year 4 Swimming (am)
- Tag Rugby Year 5 & 6

FRIDAY 21st JANUARY

- Dance Club 8.00am for Rec, Y1 & Y2.
- Year 4 Swimming (am)
- Year 3 Samba
- Girl's football for Year 4, Year 5 and Year 6

SPORTS CLUBS

The following extra-curricular sports clubs will begin next week

- **Tuesday** - Girls Netball for Years 5 and 6. This will be after school until **4.15pm**.
- **Thursday** – Tag Rugby Club for Year's 5 and 6. The club will be after school until **4.15pm**.
- **Friday** (8.00am-8.45am) Dance Club for Reception, Year 1 and Year 2.
- **Friday** (3.20pm – 4.15pm) Girl's Football for Year 4, Year 5 and Year 6.

There will also be a Multi-Sports Club starting week commencing **24th January** each **WEDNESDAY** after school for Year 3 and Year 4.

SCHOOL LUNCH MENU

WC 17/01/22

WEEK 1

NASAL FLU VACCINATIONS

Public Health England/NHS have advised us that they will be texting all parents on Monday 17th January 2022 to advise that you can still book your child in for their flu vaccination. This is in response to recent media activity about the health impacts of flu on children. The Intrahealth Team is commissioned by Public Health to deliver the school flu immunisation programme and the team have prepared external catch up clinics to deliver additional flu vaccines within the local authority area, outside of school hours. To book one of these clinic appointments you can email Intrahealth at

lancschoolflu@intrahealth.co.uk

within the email they have requested that you add the school name, our borough (Lancashire) and a contact telephone number for them to call you.

Pupils of the Week

RECEPTION: SEREN

YEAR 1: ARIA

YEAR 2: AVA

YEAR 3: ADEOLUWA

YEAR 4: JAKE

YEAR 5: HIBAH

YEAR 6: JENNA

Longsands Values

RECEPTION: HARPER

YEAR 1: IVY

YEAR 2: MAISIE

YEAR 3: EDEN

YEAR 4: MIA

YEAR 5: SOPHIE

YEAR 6: AVA

Happy Birthday

Adam, Archie, Isabel, Jia, Bea,
George, Aria and Sebastian.

PTFA MEETING

The next PTFA meeting will be on **Thursday 27th January at 7.45pm** on Zoom. Please contact the PTFA email **longsandsptfa@gmail.com** for the link by 6.00pm on the 27th. All welcome to help plan events for this coming term!

PTFA CHRISTMAS JUMPER PROJECT

Please keep hold of any Christmas jumpers that your child has grown out of and donate them to the PTFA. Collection of them will be on **Friday 28th January**. Later in the year (winter term), the PTFA will have a second-hand sale of them where you can choose a new jumper for Christmas 2022!

PTFA SECOND-HAND UNIFORM

The PTFA have a good stock of quality second-hand uniform where each item is £1.00 Please email the PTFA at **longsandsptfa@gmail.com** or message them via their Facebook page with any enquiries.

EASYFUNDRAISING AND SMILEAMAZON

The PTFA can receive donations via easyfundraising and SmileAmazon if you shop online through them. Please consider signing up to them. The more people registered and buying online via clicking through them to your retailer/products, the more money can be raised for school. Even ordering your takeaway dinner via JustEat through Easyfundraising can raise donations!

Attendance

Our target attendance at is **96%**.

RECEPTION: 96.47%

YEAR 1: 95.12%

YEAR 2: 94.83%

YEAR 3: 94.93%

YEAR 4: 94.50%

YEAR 5: 92.66%

YEAR 6: 96.57%

CHANGES TO THE SELF ISOLATION PERIOD

From **Monday 17th January**, those self-isolating with Covid-19 will have the option to reduce their isolation period after 5 full days **only if they test**

negative with a Lateral Flow Device test on Day 5 and the morning of Day 6. For example

if you test negative on the morning of Day 5 and also on the morning of Day 6 they can return to school or childcare setting immediately on day 6. The first test must be done no earlier than the morning of Day 5 of the self-isolation period, and the second must be taken no earlier than the morning of Day 6

All test results should be reported to

NHS Test and Trace (Click Link)

If the result of either of the tests are positive, you should continue to self-isolate until you get negative results from two lateral flow devices on consecutive days or until you have completed 10 full days of self-isolation, whichever is earliest. Anyone who is unable to take a lateral flow test or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

Dinner Time Stars

RECEPTION: ZAHAN

YEAR 1: JIA

YEAR 2: HASINI

YEAR 3: FREDDIE

YEAR 4: EISA

YEAR 5: EVELYN

YEAR 6: RIDA



BAC/EE PRESTON

JUNIOR CRICKET SESSIONS

SESSIONS EVERY FRIDAY!

ANYONE AGED 7-14

**JUNIOR TEAMS RUNNING FOR 2022
SEASON**

**FISHWICK RANGERS SPORTS CITY, PARKER
STREET, ASHTON-ON-RIBBLE PR2 2AH**

CONTACT ROB ON 07712580708

What Parents & Carers Need to Know about

FORTNITE

CHAPTER
3

AGE RATING
PEGI
12

First released in 2017, Fortnite has become one of the most popular games in the world. It currently has around 350 million registered players. Developed by Epic Games, it began life exclusively as a 'battle royale' contest, where up to 100 online player characters would fight – with weaponry including rifles, handguns and rocket launchers – to be the last one standing. Today, it features multiple modes which each offer something different (although some modes, such as 'Save the World', are only available on certain platforms).

IN-APP PURCHASES

Not all of Fortnite is free. Save the World mode, for example, can become quite costly. An in-game currency called V-Bucks is used to buy items such as cosmetics, which are not a necessity to play the game. It can feel like buying them is essential, however – even for adult players. Making sure no payment methods are linked to the game's store is a good idea when children are playing Fortnite.

REPEAT SUBSCRIPTIONS

Fortnite now offers a monthly repeat subscription which costs £9.99 (or equivalent). This package offers different non-essential benefits every month – including fancy cosmetics, rare weapons, V-Bucks and special bonuses. Signing up, therefore, can be tempting for dedicated players. However, subscriptions cannot be paid for with V-Bucks earned in the game, only with real-world money.

COMPETITIVE COMMUNITY

Fortnite isn't purely a competitive experience (some modes prioritise cooperation), but the rivalry aspect remains central. Battle Royale is an especially ruthless mode, where the last player or squad left standing wins. Games can become heated, and players' desire to win can often cause excessively aggressive or "toxic" behaviour towards others – via the game's audio chat, for instance.

POSSIBILITY OF SCAMS

Popular games like Fortnite are often targeted by unscrupulous individuals trying to trick or exploit genuine fans. In Fortnite, scammers have been known to offer children free V-Bucks or vast amounts of V-Bucks in exchange for rare items – often asking the player to click a particular link. These scammers are seeking access to your child's account, personal information and payment details.

USER-CONTROLLED CONTENT

Some elements of online video games can't be rated for age appropriateness because the developer doesn't have control over them. In Fortnite, for instance, things like voice or text chat, usernames, trades and other player-generated content may not always be suitable for children. It also means that the makers aren't liable for anything a stranger might say to young Fortnite players online.

Advice for Parents & Carers

STAY AWARE OF SPENDING

Free-to-play games (that is, ones without up-front costs) can still be big financial drains. In Fortnite, for example, the Battle Pass – a set of rewards to improve players' experience in the game – can be either earned through playing or bought with real money (with additional incentives for the latter). With supervision, however, this can be a great lesson in money management for young people.

TALK ABOUT TALKING

Communication is key in the squad-based Fortnite modes, and children will quickly realise that talking with team-mates online helps to increase their win rate. It's a good idea, therefore, to chat with your child first about speaking to strangers online, trading, scammers and other potential risks. Remind them that they can always come to you for help if they run into problems online.

ENCOURAGE BREAKS

Gaming sessions can reach marathon lengths, especially when your child is on a winning streak and doesn't want to stop. Sitting in the same position for hours isn't healthy, of course, but it's an easy habit to form. Encouraging young ones to break regularly for drinks and so on will help them stay hydrated, rest their eyes and release some of the tension from competitive gameplay.

DISCUSS OTHER APPS

Games like Fortnite can lead on to third-party apps (Discord, for example) where players can join a voice, text or – in some cases – video chat about the game. Certain add-ons also let children talk with other players from their local area, which clearly presents a potential risk. When discussing Fortnite with your child, you might also want to ask them about other apps they use while playing.

Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



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Sources: <https://www.epicgames.com/fortnite/en-US/fortnite-crew-subscription> | <https://www.epicgames.com/help/en-US/fortnite-c75/battle-royale-c93/how-do-i-get-more-vbucks-in-battle-royale-a3274> | <https://www.epicgames.com/help/en-US/fortnite-c75/battle-royale-c93/what-is-the-battle-pass-where-can-i-earn-more-a3271> | <https://www.epicgames.com/fortnite/en-US/parental-controls>



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.01.2022

Be a Swap Rockstar!

1

Scan the barcode on your favourite foods

2

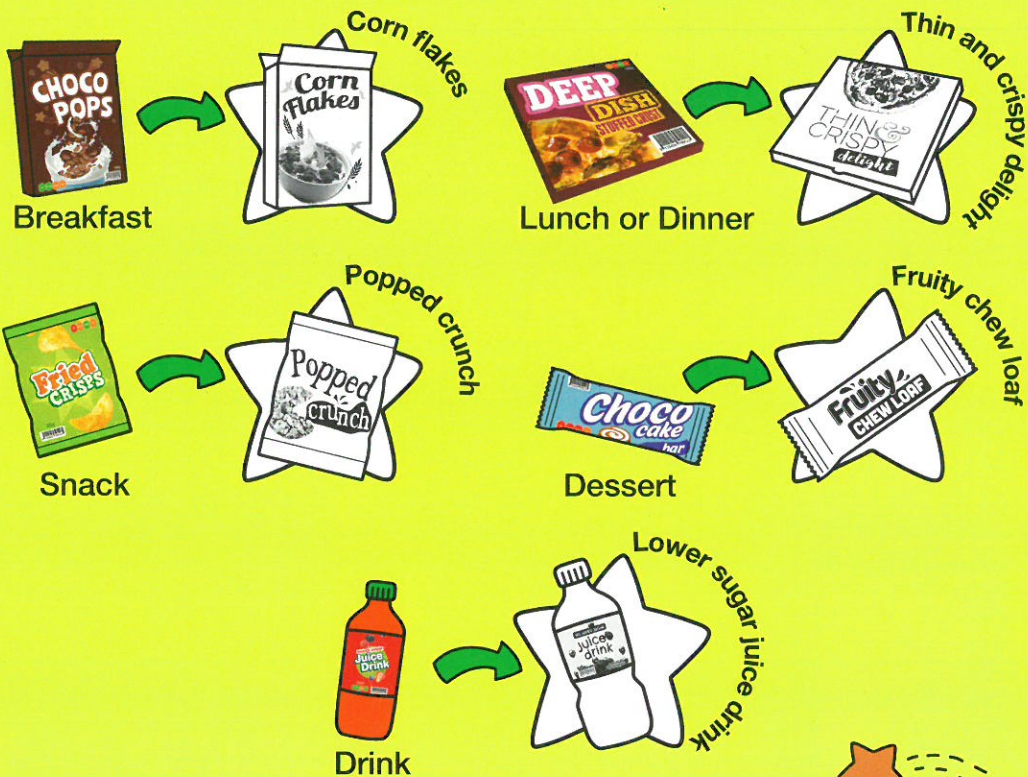
Swipe to see healthier choices

3

Swap next time you shop

Can you make swaps?

Try colouring them in as you go*

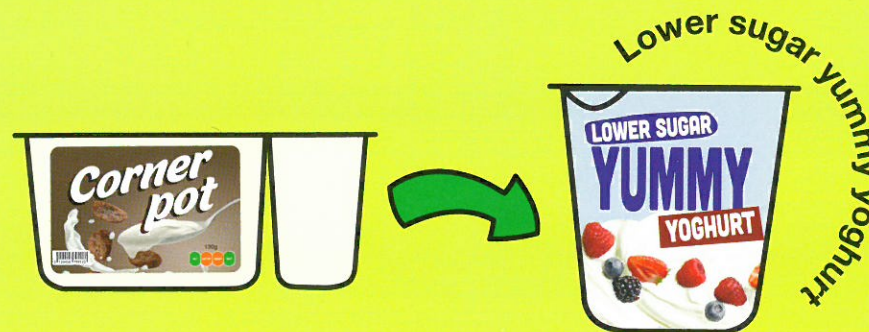


Name has made 5 swaps and is a Swap Rockstar

*Crayons work best. If you use felt tips make sure you allow time to dry.

NHS

Find healthier swaps for the whole family



Just scan, swipe, swap

Now it's your turn to try!



Better Health

Let's do this

Download the FREE
NHS Food Scanner App

YEAR 1 HEARING TESTS - IMPORTANT
PLEASE RETURN THE CONSENT SLIP TO SCHOOL AS SOON AS POSSIBLE



**Lancashire Teaching
Hospitals**
NHS Foundation Trust

**CHILDREN'S HEARING
ASSESSMENT SERVICE**
Fulwood Clinic, 4 Lytham Road, Fulwood PR2 8JB
Tel: 01772 777455

The audiometrician will soon be going into your child's school to screen the hearing of children in Year 1. Your child's hearing is very important to their development and school progress.

The most up to date safety measures will be in place to protect against the spread of Covid 19.

The test involves your child wearing headphones and lasts only a few minutes. The test is only a screening test and if your child fails it does not necessarily mean that he or she has a significant hearing loss. It does mean however, that they will need to be retested.

You will be informed of the results by letter. If your child fails the screening a retest will take place in school approximately one to two months after testing. If a retest falls within the school holidays you may be invited to attend a local clinic. The school will be informed of any children that need to be retested. If your child is absent on the day of testing they will be seen for a hearing screen at the next school visit.

If you have any concerns about your child's hearing, or any other questions, please contact the Children's Hearing Assessment Service on the number above.

**PLEASE SIGN AND RETURN THE CONSENT SLIP TO SCHOOL IF YOU
ARE HAPPY FOR THIS TEST TO GO AHEAD.**



Child's Name.....(Please print name)

Date of Birth.....School.....Class.....

I agree to my child having his/her hearing screened by the audiometrician.
I have parental responsibility

Signed.....Relationship to child.....



PLEASE PRINT YOUR NAMEDATE.....

Please tick if any of the following apply:

- ☐ My child is currently under review by ENT or Paediatric Audiology because of hearing concerns
- ☐ My child wears hearing aids
- ☐ My child has a programmable shunt (PVP Shunt)
- ☐ My child has a known hearing loss – Please give details.....

Office use only - Screening DatePass / Fail / Absent

Due to the delay in the club start date,
this club will run from Friday 21st January
through to Friday 25th February (term time).
If this is not your PE day please wear something
loose & comfortable and bring school uniform to change into.

15th December 2021

Dear Parents

There will be a Dance Club starting every Friday morning from 8-8.45am. The club will run for 5 weeks (~~14/01/22~~ – ~~11/02/22~~) this will be a great chance for your child to build confidence, have fun and learn a new skill.

Payment

£25 for the 5 weeks dance course.

If your child wishes to attend this club please complete the form below along with the fees and return to the school office.

Yours sincerely

Sally Whitaker
Dance Teacher

Childs Name :

Year Group:

Parent/Guardian Contact Number:

Medical Conditions:

Parent/Guardian Signature

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