



LONGSANDS LINK – 11th February 2022

Mrs McKeown's Message

I hope you all have a lovely family break next week and the weather brightens up a bit so you can enjoy being outside. There are some new travel restrictions if you have planned a sunny break abroad next week and you have children over 12 who are not vaccinated. Keep an eye out for these changes. I am sure you will join me in congratulating Mr and Mrs Foxcroft on their exciting news of expecting a new baby to their family in the Summer. Mrs Foxcroft who is the teacher in Year 1 has let us all know and we are thrilled for her. Keep in touch and if there are any positive Covid results over the break please let me know as I still have to complete forms and let LCC and the Covid team know.

Mrs McKeown

SAFER INTERNET

The children have taken part in safer internet activities in class as part of our Wonder week. You will find lots of simple ways to reinforce the important online safety lessons your child has been learning in school, through Google's

Be Internet Legends

Take a look and help your children stay safe online.

COVID TESTING

Please remember to regularly test as a family using lateral flow devices available from selected pharmacies, calling 119, or ordering online via the NHS website

CLICK HERE

HALF TERM

Today we finish for half term, we will return back to school after the holiday at **8.55am** on Monday 21st February.

KS1 ZUMBA

The Zumba sessions for those who signed up, will start on **Thursday 24th February** from 3.20pm to 4.20pm.

The last session will take place on Thursday 24th March. Please collect children from the external hall door by the staff car park after the dance club.

MMR VACCINATIONS

(Measles, Mumps and Rubella)

Parents and guardians of children aged 1 to 5 years are encouraged to check that they are up to date with their MMR vaccines and encourage those that may have missed their appointments to come forward. The

MMR vaccine protects against three infections: measles, mumps, and rubella. One in 10 children under the age of five in England haven't had one or both of their MMR vaccines. This leaves these children unprotected and increases the risk of outbreaks occurring in schools and nurseries. Anyone who hasn't has two doses of the MMR vaccine and has not had measles in the past can catch it.

Starting nursery and school increases the risk of children being exposed to infectious diseases. It is particularly important to ensure children are up to date with all their

routine vaccinations before they start school so that they can fully benefit from the protection they offer. The MMR vaccine is the safest and most effective way for parents and guardians to protect their children against measles, mumps, and rubella. Parents and guardians are being encouraged to ensure their children are vaccinated against MMR, and if they can't remember if their child is up to date to check his or her Red Book (personal child health record). Parents or guardians of children who are not up to date with their two doses of MMR vaccine should contact their GP practice to book an appointment. It's never too late to catch up. Protect your child with both MMR vaccines. Contact your GP practice to book their first or second dose.

CONGRATULATIONS TO YEAR 5

We are very proud of Year 5 who have been nominated by Dom, our Gymnastics coach, as Class of the Week in PNE's latest school rewards initiative. PNE have chosen our Year 5 as this week's winners! The prize is a free child and adult ticket to the PNE match on March 5th against Bournemouth. Further details will be sent about this on Seesaw.

DON'T FORGET

MONDAY 21st FEBRUARY

- Return to school

TUESDAY 22nd FEBRUARY

- Rocksteady Music
- Girl's Netball Year 5 & 6

WEDNESDAY 23rd FEBRUARY

- Reception Vision Tests
- PNE Gymnastics
- Year 4 Sports Club 3.20pm-4.15pm

THURSDAY 24th FEBRUARY

- Tag Rugby Club
- KS1 Zumba 3.20pm – 4.20pm

FRIDAY 25th FEBRUARY

- Dance Club 8.00am for Rec, Y1 & Y2.
- Year 3 Samba
- Girl's football for Year 4, Year 5 and Year 6

Happy Birthday

HARPER, JAKE AND LEO.

TAG RUGBY LEAGUE MATCHES

Our new tag rugby team played their first ever matches last Thursday at UCLan Sports Arena and despite not winning any, the whole team should be congratulated for their enthusiasm, willingness to learn and fair play. The improvement in their team play from the first match to the last match was impressive, as were many of their tries! Well done to the whole team, we are proud of you all. Thank you to the parents who came to support. Tag Rugby Club will continue until Easter but will not take place every week due to matches. Check the diary dates each week for more details.

SICKNESS AND DIARRHOEA

Don't forget that if your child has sickness or diarrhoea, they must not come into school until there has been a 48-hour clear period since the last instance of illness.

VISION TESTS

Last week we sent home information and a letter to Reception class about the vision testing which will take place in school on **Wednesday 23rd February**. The testing is on an opt-out basis, so the form only needs to be returned if you **do not** wish your child to be tested.



SCHOOL MILK

If you would like your child to have milk in school after the holidays, then you will need to order this via Cool Milk by **5.00pm on Tuesday 15th February**.

If you order after this time, then your milk will begin the following week.

Order Cool Milk Here

Pupils of the Week

RECEPTION: SCARLETT

YEAR 1: MAX

YEAR 2: MAISIE

YEAR 3: WHOLE CLASS

YEAR 4: SAIM

YEAR 5: LILY

YEAR 6: ABI

IF YOUR CHILD IS ILL REMINDER

If your child is unable to attend school for whatever reason, please contact school as soon as possible, and ideally by **9.00am**.

You can do this in the following ways:

- Telephoning school: 01772 795676.
- Contacting the school office by email.
- Sending a text, we are able to see replies to text messages from the school text service.
- Completing a Pupil Absence Form on the school website.

If your child's absence is likely to be longer than one day, please contact us with an update each day.

School Office Email

office@longsands.lancsngfl.ac.uk

Longsands Values

RECEPTION: ALEX

YEAR 1: THEO

YEAR 2: WHOLE CLASS

YEAR 3: WHOLE CLASS

YEAR 4: MAXWELL

YEAR 5: ELLIE

YEAR 6: GRACE

PTFA's CRAZY HAIR DAY

Thank you to everyone that donated and wore crazy hair today. When we have a final total from the PTFA we will let you know how much was raised and to be donated in memory of Mr Seagraves.

SCHOOL LUNCH MENU

WC 21/02/22

WEEK 3

ATTENDANCE

Our target attendance is 96%.

RECEPTION: 96.69%

YEAR 1: 95.46%

YEAR 2: 94.49%

YEAR 3: 95.13%

YEAR 4: 94.43%

YEAR 5: 92.72%

YEAR 6: 96.34%

Dinner Time Stars

RECEPTION: ISABELLA

YEAR 1: HAWAA

YEAR 2: MAISIE

YEAR 3: ARIA

YEAR 4: LOLA

YEAR 5: SAM

YEAR 6: MATTHEW



Dear Parents/Carers,

On **Tuesday 8th February** we will be joining schools and youth organisations across the UK in celebrating **Safer Internet Day 2022**. Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers and more, to join together in helping to create a better internet.

Using the internet safely and positively is a key message that we promote at Longsands Community Primary School and celebrating Safer Internet Day is a great opportunity for us to re-emphasise the online safety messages we deliver throughout the year.

We would be delighted if you could join us in celebrating the day by continuing the conversation at home. To help you with this, you may be interested in downloading the free Safer Internet Day Resources for Parents and Carers which is available at: saferinternet.org.uk/sid-parents.

There are top tips, quizzes, and films which you can use at home with your child.

Some other resources which you may find helpful in supporting your child online are:

- Tips, advice and guides for parents and carers from the [UK Safer Internet Centre](https://saferinternet.org.uk/parents) (saferinternet.org.uk/parents)
- Advice for parents and carers from [Childnet](https://childnet.com/parents-and-carers) (childnet.com/parents-and-carers)
- Reviews and information about games, apps, TV shows and websites from [Common Sense Media](https://commonsense.org) (commonsense.org)
- Help on using parental controls and privacy settings from [Internet Matters](https://internetmatters.org/controls) (internetmatters.org/controls)
- Information and reporting of online grooming or sexual abuse from [CEOP](https://ceop.police.uk) (ceop.police.uk)

Online safety is an important issue which as a Primary school we're committed to teaching our pupils about.

If you have any concerns or questions about keeping your child safe online, please do get in touch with your child's class teacher.

5 February 2022

Dear parents and guardians,

I would like to take this opportunity to thank you for your continued support during what has been yet another challenging term. As expected, the rapid spread of the new Omicron variant of Covid-19 gave rise to very high levels of cases and schools were no exception.

Following the Christmas break, schools in Lancashire have been working very hard to manage cases of Covid-19 whilst trying to keep as many children in school as possible. Maximising the number of children and young people in face-to face education or childcare and minimising any disruption, in a way that best manages the Covid-19 risk, is still our main goal. I cannot thank staff and families enough for supporting us with this.

As you will be aware the government recently announced that England will return to Plan A on Thursday 27 January 2022. Rates of Covid-19 nationally are seeing a downward trend and although we are seeing a slight decline within Lancashire, we are still seeing high numbers of cases and outbreaks within our education settings.

We will therefore continue to support and advise schools locally in situations where **the number of positive cases substantially increases and additional measures are needed to mitigate risk of transmission within the school.**

Considering this, we would like to emphasise some key points to help manage transmission in schools:

- Notify the school as soon as possible if your child has had a positive Covid-19 test.
- If your child has symptoms of Covid-19 they isolate and book a test immediately, then follow the advice given when you get the result.
- If your child has other symptoms or is not feeling well enough to attend school, then they must stay away from school until they are well enough and see medical care from the NHS as appropriate. If in doubt, you can book a PCR test online by clicking the option that says: "No, they do not currently have symptoms" and when asked "why are you asking for a test?" select: "I've been told to get a test by my local council, health protection team or healthcare professional."

If the result is positive your child will need to isolate as per guidance.

- Continue with routine, twice-weekly lateral flow testing at home if possible.

If you have previously received a positive Covid-19 test result, you are advised not to take another PCR test within 90 days of this result unless:

- you develop any new main symptoms of Covid-19
- you are required to take a PCR test for travel into or out of the UK
- you are advised to take a follow-up PCR test after a positive LFD test

In exceptional circumstances where cases continue to increase, Government guidance enables us to apply additional measures on a temporary basis, including:

- stopping face-to-face assemblies and activities for some schools and year groups where we have an outbreak and to deliver virtually in school where possible
- advising all students, staff, and visitors to wear face masks in corridors when moving between lessons and on public transport where appropriate (does not apply to children in primary school or younger)
- requesting daily LFD testing (7 days) for close contacts (pupils should attend school unless positive or symptomatic)
- Further measures and restrictions based on school's risk assessment and public health advice.

If you are asked by your school to undertake any of the above measures as part of outbreak management, this is to help prevent the spread of Covid-19 and keep our children and families safe. Covid-19 is still here, and we need your continued support and understanding in protecting our schools, families, and communities.

Please also be kind to staff, who are doing everything they can to keep our children safe and in the classroom.

If you have any questions about these measures, please contact the school office.

Yours sincerely



Dr Sakthi Karunanithi
Director of Public Health