



## LONGSANDS LINK – 15th March 2024

### Mrs McKeown's Message

Just a reminder of the lovely activities the PTFA have planned for the children at the end of term. I am sure you will have class WhatsApp reminders as well. This year the proceeds of PTFA events are going towards a new wobbly bridge on the school field. We are always looking for generous donations to enhance the children's resources, so thank you to those who have already returned raffle tickets. Keep checking Seesaw to find out what your children are doing and the Link attachments for information to support you. Have a lovely weekend and keep in touch.

*Mrs McKeown*

#### THE GREAT BIG EASTER RAFFLE

Please remember to send in your tickets to school either purchased or not, by **Monday 18<sup>th</sup> March**. There are still many tickets distributed and the PTFA would love to sell more before the draw

#### PTFA's EASTER EGG DECORATING COMPETITION

Only a week to go before the PTFA's Easter Egg decorating competition! Make sure you decorate your (hard boiled) egg in plenty of time to bring it in next Friday. You could win one of the prizes! See our poster for more details.

#### END OF TERM

School will finish for the Easter holidays at **2.00pm on Thursday 28<sup>th</sup> March**.

Please ensure that if you have friends or family who collect on your behalf that they are aware of the earlier home time collection time.

#### NEW LUNCH MENU

Our new lunch menu will begin after the Easter holidays on Monday 15<sup>th</sup> April.

### Pupils of the Week

**RECEPTION:** ARIA

**YEAR 1:** REMI

**YEAR 2:** TOBY

**YEAR 3:** HABIBA

**YEAR 4:** CARTER

**YEAR 5:** FREDDIE

**YEAR 6:** HUMEIRA

#### EYFS & KS1 NON UNIFORM DAY

Reception Class, Year 1 and Year 2 will have a non uniform day on **Tuesday 26<sup>th</sup> March**. To take part it will be £1.00 per pupil for them to come into school wearing non uniform. Please would you send this in a sealed and clearly marked envelope. Thank you

#### CAKE SALE

Reception, Year 1 and Year 2 will be having a cake sale on **Tuesday 26<sup>th</sup> March**, and these will be 50p each. We would be very grateful of any cake donations that you would like to make, but as we have children with allergies and food intolerances please could we ask that these are pre-packaged from the shops (with no nuts or nut based ingredients), so that we can check the list of ingredients. If you are able to donate, please could these be sent into school with your child on Monday 25<sup>th</sup> March then we can prepare everything in advance ready for the children on Tuesday. Thank you

#### YEAR 4 FOOTBALL COMPETITION

On Tuesday, seven children from Year 4 took part in the Sir Tom Finney football competition.

The children all played extremely well and finished top of their group. Unfortunately, in the next round the team narrowly missed out when the opposition scored in the last few seconds. The game finished 2-1 to them. The pupils all tried their absolute best and showed a wonderful team spirit. Congratulations and well done to Max, Jack, Isaac, Noah, Rocco, Dekonti and Hugo.

#### GIRLS FOOTBALL

The girls' played their first 2 league games in the Premiership on Thursday after school. In the first game they lost 6 goals to nil against a very good Queens Drive team. They all did their very best. In the 2nd match we played against St Anthony's Primary, the girls' all played excellently, going 1 goal to nil up. When Sara scored the goal the celebration from all players was wonderful to see. They eventually lost 4 -1.

All the girls' played really well in this game. Well done to Lola, Lily, Mia, Daisie, Evelyn, Aria, Amelia and Sara.

### Longsands Values

**RECEPTION:** JACK

**YEAR 1:** SHANMUKHA

**YEAR 2:** SEREN

**YEAR 3:** SOPHIE

**YEAR 4:** ALL OF YEAR 4

**YEAR 5:** KIERAN

**YEAR 6:** AHMAD

### DATES TO REMEMBER

#### Monday 18<sup>th</sup> March

- Book Club Reception & Year 1 at 3.20pm

#### Tuesday 19<sup>th</sup> March

- Coach Gunn Club 8am
- Netball Club Y5 & Y6 Girls 3.20pm - 4.15pm
- Inter-house Relay in PE

#### Wednesday 20<sup>th</sup> March

- Rocksteady
- High 5 Netball 3.20pm – 4.15pm Y6 Girls & Boys
- Cross Country - Greenlands

#### Thursday 21<sup>st</sup> March

- Zumba Club 8.00am
- Book Club Reception & Year 1 at 3.20pm

#### Friday 22<sup>nd</sup> March

- Rewards Assembly 9.10am
- Dance with Miss Sally 8am
- Samba
- Girls Football
- Church Club

#### ATTENDANCE

Our target attendance is **96%**.

**RECEPTION:** 94.59%

**YEAR 1:** 95.13%

**YEAR 2:** 95.43%

**YEAR 3:** 95.38%

**YEAR 4:** 94.98%

**YEAR 5:** 92.92%

**YEAR 6:** 94.02%

**Current Overall = 94.64%**

#### SCHOOL LUNCH MENU

WC 18/03/24 – **WEEK 3**

### Happy Birthday

ADAM, JACK, KOBE and  
MRS McKEOWN

### Dinner Time Stars

**RECEPTION:** BESSIE

**YEAR 1:** OLIVER

**YEAR 2:** ISABELLA

**YEAR 3:** HABIBA

**YEAR 4:** LEILA

**YEAR 5:** ROMAN

**YEAR 6:** HANNAH

**LONGSANDS PTFA PRESENTS**

# *The Great Big* **EASTER RAFFLE**

**FRIDAY 22ND MARCH 2024**  
**DRAW BETWEEN 2PM–3PM IN SCHOOL**

## **TOP PRIZES**

**£100 cash prize**

**£50 Houghton Manor voucher**

**£40 curling voucher at The Flower Bowl**

**All prizes must be  
collected by  
Wednesday 27th  
March**

**1x family day pass at Bowland Wild Board Park**

**1x free MOT test at CVM Preston Ltd**

**2x 1 month free at Total Taekwondo**

**£30 1-1 yoga by Helen voucher**

**Wash, Cut and Blow Dry at Hair by Gemma**

**Free blow dry @ Roberts Steel**

**1x personal training session with Mr Moville**

**1x colour and cut at Roots, Sharoe Green**

**Brow or Nail or Toe treatment voucher at NFN Beauty**

**3-course meal for 2 at the Anderton Arms**

**£20 Honeywells**

**£20 Ancient Oak gift card**

**£20 Maxi Farm voucher**

**£20 Francos voucher**

**1x 2 hour bounce Wacky World voucher & Bottle of Prosecco**

**1x 1 hour bounce Wacky World voucher & Bottle of Prosecco**

**2x free entry at Rascals Party & Play Centre**

**£10 voucher for MKIERABEAUTY**

**£10 The Kinder Hub voucher**

**1x Ted Baker miniatures & Bottle of Prosecco**

**1x Joules miniatures & Bottle of Prosecco**

**£1 a ticket  
or  
a book of 5 for £5**

**Prizes will be  
allocated in the  
order listed**





# *Easter Egg* **DECORATING COMPETITION**

**Decorate a hard boiled  
egg any way you like.  
Bring it in to school on  
Friday 22nd March 2024.**



**See if you can be the  
winner of your class  
1st, 2nd & 3rd prizes!**



**Longsands CP School PTFA**



# Love Dance Easter Club

• LONGSANDS COMMUNITY PRIMARY SCHOOL

Week 1 : 2nd - 5th April

Week 2 : 8th - 12th April

Ages 4-12 years

My Holiday club is  
designed to:

- Learn to dance
- Make new friends
- Build confidence

8.30am

9am to 4pm

4.30pm

Early drop off and Late collections

Please DM for more details  
or to make a booking,

£100 per week

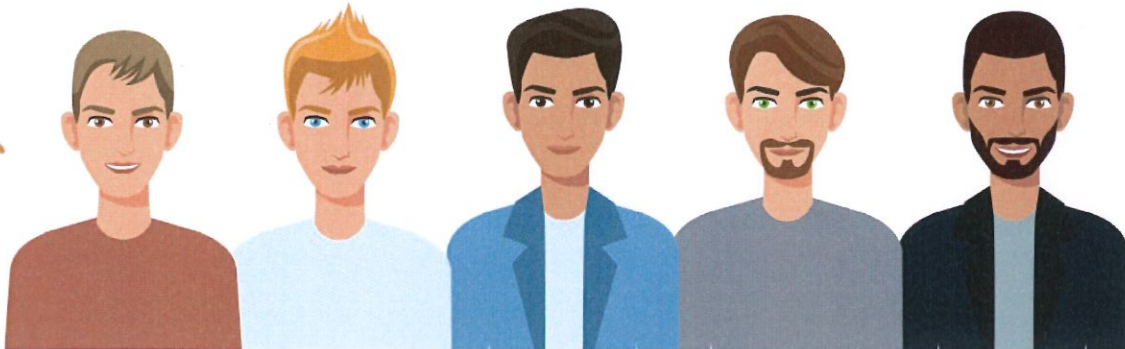
Thanks  
Sally x

Mobile: 07791317619

Email: sally1active@outlook.Com



# THL WALK AND TALK



THL Walk and Talk group is set up for Dads and Male care givers of young people who have experienced rape, sexual violence or any other sexual trauma or indeed experienced it themselves. The group is there to facilitate a safe and open environment in which we as men can talk, listen, support, educate, grow and of course walk.

As men we have been taught to just get on with it or Man up! But in our experience of working with Male care givers at THL this just perpetuates the problem and often leads to anger which is detrimental to our mental health and well-being. This filters back into the lives of the young people we are there to support and care for.

The group will run every 8 weeks on a Saturday mid-morning

Time and Location to be arranged

Levels of fitness/walk length considered

You bring your boots, and I will bring a flask

Organiser

Neil Whalley

Specialist Family Support worker

Email: [neil.whalley@trushouselancs.org](mailto:neil.whalley@trushouselancs.org)

mobile: 07526204361

# MEASLES

**Don't let your child catch it**  
– get them vaccinated with the MMR vaccine

- measles outbreaks happen when not enough children have been vaccinated
- measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill
- your child is at risk of measles if he or she hasn't had the MMR vaccination
- 2 doses of MMR vaccine are needed to get the best protection
- if your child is due to have had 2 doses of MMR but has not yet received them, no matter what age they are, you should contact your GP to get them vaccinated as soon as possible\*
- if you can't remember if your child has had any, 1 or 2 doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to your GP
- if you don't know how many doses your child has had, it's better to have 2 doses of MMR vaccine now rather than risk leaving them unprotected

\*In response to a local outbreak then the 2 doses can be given one month apart from the age of 18 months.





# Answers to some common questions about measles and the MMR vaccine

## Why are we seeing these outbreaks of measles?

Measles is a highly infectious disease, spreading quickly from person to person, especially in schools. A child with measles will infect almost all unprotected children they have contact with. Since the end of 2017 there has been an increase in measles globally which has affected the UK. This has resulted in some spread into wider communities, in particular in undervaccinated groups.

## When are the MMR vaccinations usually given?

The best times are between 12 and 13 months of age and again at 3 years and 4 months, with one dose on each occasion. But, if your child wasn't vaccinated then, they can be vaccinated at any age with 2 doses one month apart.

## Will there be any side effects to the vaccination?

Your child may get the symptoms of measles, mumps and rubella for up to 6 weeks after the vaccination but in a very much milder form. This proves that the vaccine is working and your child is building up resistance to future contact with the viruses that cause the 3 diseases. Not all children show these symptoms but that doesn't mean the vaccine isn't working.

## Should parents in outbreak areas get vaccinated against measles?

As with many diseases, once you have had measles, you don't catch it again because you have built up a natural resistance to it. So, if you've had measles or 2 doses of MMR vaccine you do not need to get vaccinated now.

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For more information about measles and MMR go to  
**[www.nhs.uk/conditions/measles/](http://www.nhs.uk/conditions/measles/)**





Children and Family  
**Wellbeing**  
Service

# YOUTH COUNCIL



**FREE  
ENTRY**



**EVERY WEDNESDAY – 6.00 – 8.00PM**

**ELEVATE YOUR VOICE, SHAPE YOUR WORLD!  
JOIN OUR YOUTH COUNCIL, AGES 12–19 (UP TO 25 SEND). LOVE POLITICS?  
BURSTING WITH GAME-CHANGING IDEAS? WANT TO MAKE A REAL IMPACT?  
YOUR TIME IS NOW! BE THE SPARK FOR CHANGE, JOIN THE CREW!**



**STONEYGATE NURSERY, STONEYGATE  
WALK, PRESTON PR1 3XU**

**BOOK NOW**



**WE HAVE  
MOVED**

[prestontys@lancashire.gov.uk](mailto:prestontys@lancashire.gov.uk)

**Lancashire**  
County Council







# BREAD.

## BE REAL EQUAL AND DIVERSE!

**BUT WHY BREAD?**  
**"BREAD COMES IN ALL  
DIFFERENT SHAPES, SIZES AND  
TYPES BUT AT THE END OF THE  
DAY, IT'S STILL JUST BREAD".**



🌈 Embrace Your True Colors! 🌈 Join our LGBTQIA+ group in Preston, designed for awesome individuals aged 12-19 (up to 25 with SEND) . This is your safe haven, a space to be authentically YOU. Dive into activities, games, trips, and endless fun! Connect, celebrate, and thrive with us! 🇬🇧🌈

**FREE  
ENTRY**

Every Tuesday  
6.00 – 8.00m



Book now:  
[prestontys@lancashire.gov.uk](mailto:prestontys@lancashire.gov.uk)



**Lancashire**  
County  
Council 



# This is Us!



**FREE  
ENTRY**

★ Dive into Awesome! 🚀

Hey, awesome young minds aged 12-25 with Special Educational Needs, this is YOUR call! 🌈 Join our vibrant SEND group, your exclusive fun zone. Activities, new pals, and tons of fun await! It's your time to shine! ★

Book now:  
[prestontys@lancashire.gov.uk](mailto:prestontys@lancashire.gov.uk)

Every Monday  
6:30 - 8:30  
Ribbleson Family Hub,  
Ribbleson Hall Drive,  
Preston PR2 6EE





Children and Family  
Wellbeing  
Service

# FRIDAY NIGHT SAFE SPACE

SAFE SPACES  
*for*



EVERYONE

Every Friday

5:30-7:30pm

## ★ FRIDAY NIGHT VIBES! 🌙★

CALLING ALL AMAZING YOUNG FOLKS AGED 12-19  
(UP TO 25 WITH SEND)! JOIN US IN OUR FRIDAY  
NIGHT SAFE SPACE—A HAVEN FOR GAMES,  
ACTIVITIES, LIFE SKILLS, AND SIMPLY CHILLING  
OUT. IT'S YOUR ZONE FOR FUN AND CONNECTION.  
LET'S MAKE FRIDAYS UNFORGETTABLE! 🎮🍌



FREE  
ENTRY

MOOR NOOK YOUTH AND COMMUNITY CENTRE  
BOOK NOW:

[PRESTONTYS@LANCASHIRE.GOV.UK](mailto:PRESTONTYS@LANCASHIRE.GOV.UK)



Lancashire  
County  
Council





# YOUNG PEOPLE'S DROP IN

3-5pm

Where

Moor Nook Youth and  
Community Centre

Join us at our Youth Drop-In every Thursday  
A welcoming spot for young people aged 12-19  
(up to 25 with SEND) seeking support and  
social connections. Our dedicated Youth  
Support Team is here to provide info on  
services, answer your questions, and offer the  
support you need. Make Thursdays your time  
to thrive.

Join us:

**[PRESTONTYS@LANCASHIRE.GOV.UK](mailto:PRESTONTYS@LANCASHIRE.GOV.UK)**







# NEET Drop in!

Every Thursday - 13:00 - 15:00

Moor Nook Youth and Community Centre

Attention young people aged 12-19 (up to 25 with SEND)! Step into our NEET (Not in Education, Employment or Training) Drop-In for expert support in crafting your CV, navigating job applications, free bus passes, and securing education and training assistance. Your pathway to success starts here – join us and let's kickstart your journey together! 📄👜

Book now:  
[prestontys@lancashire.gov.uk](mailto:prestontys@lancashire.gov.uk)

